

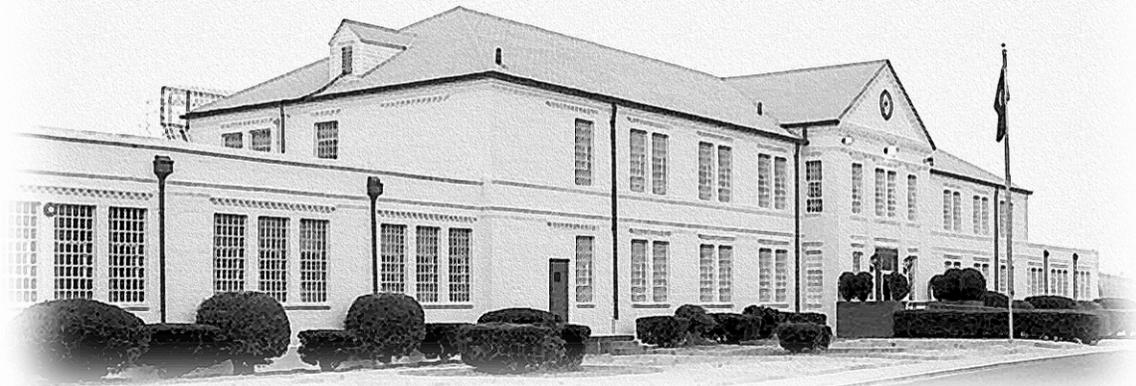


U.S. Department of Justice
Federal Bureau of Prisons
Federal Correctional Complex
Petersburg, Virginia

Inmate Orientation Handbook

FCC Petersburg

January 2023



Unit Staff strive to create, maintain and control an environment for inmates which is both safe and humane. This will be accomplished by working closely with the inmates in an effort to maintain a high level of sanitation, as well as encouraging group and individual counseling. Our efforts are supplemented by various unit programs, educational programs, inmate work assignments, recreational activities and inmate classification and program reviews. Emphasis will be placed on sound discipline, institutional adjustment, interpersonal communication, problem identification, and problem solving techniques.

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FIRST STEP ACT NEEDS ASSESSMENT

Getting Started

1. Log into Trulincs and find the Surveys.
2. Answer all survey questions without skipping any. There are 2 separate surveys.
3. Wait for your first Team meeting to find out your need.

You will have to meet with Unit Team, Education, Psychology, and Health Services to complete all of your need assessments.

You are not eligible for Time Credits or any other incentives until you have completed your needs assessments!!!

Introduction

The purpose of this handbook is to provide incoming inmates with general information regarding institution rules, regulations and various programs. Most of the information in this handbook is consistent throughout the Federal Bureau of Prisons, and will help inmates during their initial adjustment at an institution.

The information contained in this handbook will serve as a guide for all inmates assigned to the Federal Correctional Complex (FCC), Petersburg, Virginia. This information will help you to understand what is expected of you and explain the general operations of this facility. You are encouraged to read this handbook carefully upon your arrival.

During the first 28 days of each inmate's arrival at FCC Petersburg, each inmate will attend an Admission and Orientation (A&O) program. During the program, staff from various departments will inform inmates of policies and procedures concerning specific programs and services at FCC Petersburg.

If a literacy problem prevents any inmate from understanding the A&O information or if there is a language barrier, A&O staff will address the issue to ensure all inmates are able to participate and understand A&O.

There should be open communication and cooperation between inmates and staff. You will find staff to be knowledgeable, firm, and fair as they address inmate concerns. The staff will perform their duties according to policy.

Department Overviews

CORRECTIONAL SERVICES

The Correctional Services Department consists of the Complex Captain, Deputy Captain, Emergency Preparedness Officer (EPO), Special Investigative Agent (SIA), Special Investigative Section (SIS) Lieutenants, Correctional Officers, and Security Officers. This department is responsible for the overall security of each institution.

Inmate Counts

When a count is announced, each inmate must return to his room or bed area, and remain there quietly until it is announced the count is clear. Official counts will ordinarily be taken at 12:01 a.m., 3:00 a.m., 5:00 a.m., 4:00 p.m. and 9:30 p.m. On weekends and federal holidays, there is an additional count at 10:00 a.m. Staff may conduct counts at other times than mentioned above. The 4:00 p.m., 9:30 p.m. and 10:00 a.m. count are Stand up counts. All inmates must be standing next to their beds.

An inmate will be subject to disciplinary action if he is not in his assigned area during count or leaves an assigned area before the count is cleared. Staff must actually see and count each inmate during an official count, even if the inmate must be awakened.

Call Out / Change Sheets

A callout sheet is a form used to schedule inmates for specific appointments. Appointments may include hospital, dental, education, team meetings, and other activities. It is the inmate's responsibility to check the callout sheets for daily appointments. An inmate is subject to disciplinary action if he fails to report to an appointment at the specified date and time. Inmates should check with their unit team as to where the callouts may be located within the unit.

Controlled Movement

Movement throughout the institution is regulated by "controlled movement". The purpose of controlled movement is to ensure the movement of inmates is conducted in a systematic manner. Controlled movements will begin generally at five (5) minutes before the hour and will end at five (5) minutes after the hour. The beginning and end of each move will be announced over the loudspeaker. During the ten-minute period of controlled movement, inmates may move from one area of the institution to another. Inmates are not to be standing around during movement periods.

During the evening hours, the first controlled movement will begin at the end of the evening meal. This means after dinner, inmates may travel to any unrestricted area of the institution during these hourly moves. On Saturday, Sunday, and holidays, the first controlled movement will begin at the end of the morning meal.

Contraband

Contraband is defined as any item or thing not authorized or issued by the institution, received through approved channels, or purchased through the Commissary. All staff are alert to the subject of contraband and every effort is made to locate, confiscate, and report contraband in the institution. Any item in an inmate's personal possession must be authorized and a record of the receipt of the item should be kept in the inmate's possession. Inmates may not purchase radios or any other items from another inmate. Items purchased in this manner are considered contraband and will be confiscated. An altered item, even if it is an approved or issued item, is considered contraband. Altering or damaging government property is a violation of institution rules and the cost of the damage will be levied against the violator.

Searches

Any staff member may search an inmate's person or his room for contraband or stolen property. It is not necessary for the inmate to be present when his room is inspected and/or searched. The property and living area will be left in the same general condition as found and these inspections and/or searches will be unannounced and random.

Pat Searches of Transgender Inmates

Pat searches of transgender inmates will be conducted in accordance with the Program Statement Searches of Housing Units, Inmates, and Inmate Work Areas. Pat search information refers only to individuals at male facilities who identify as female.

Validated transgender inmates may submit a cop-out request to the Warden to be pat searched by the opposite sex. If approved, the inmate will receive a new I.D. card with a purple ribbon added in the photo. This is the only form of verification needed to be presented prior to a pat search by the opposite sex. When a staff member orders an inmate to submit to a pat search, the inmate will present their I.D. card and state "I am requesting a female to conduct this pat search." If a female is readily available, the pat search will cease until the female staff member has arrived. If a female staff member is not available, the staff member will proceed with the pat search in accordance with the Program Statement Searches of Housing Units, Inmates, and Inmate Work Areas.

Drug Surveillance

Each institution maintains a drug surveillance program, which includes mandatory and random testing. If a staff member orders an inmate to provide a urine sample for this program, and the inmate refuses, the inmate will be subject to disciplinary action.

Alcohol Detection

Each institution maintains an alcohol surveillance program. Inmates are tested randomly with an Alco-sensor test kit. Inmates suspected of alcohol use will also be tested. Inmates will be subject to disciplinary actions if they test positive, or refuse to be tested.

Inmate Identification Cards

INMATES MUST BE IN POSSESSION OF THEIR INMATE IDENTIFICATION CARDS AT ALL TIMES.

Any alteration to the identification card may lead to disciplinary action. See your respective unit team or Receiving and Discharge (R&D) staff during open house if a replacement card is needed due to normal usage or damage (i.e. number or photo are not legible). Inmates are limited to possess, on their person, the following items while outside their immediate living areas:

1. Two books of stamps
2. One radio/MP3 player with headphones (off-duty only)
3. A comb
4. One religious medallion (in accordance with, policy which states it must be worn under the shirt)
5. One wedding band (no stone)
6. One writing instrument (pen or pencil) five sheets of stationery or paper
7. Two newspapers, books, or periodicals (off-duty only)
8. One address book
9. One water cooler (recreation only)
10. Two soft drinks (off-duty only)
11. Two food items (off-duty only)

Visiting Procedures

Inmates are encouraged to have visits in order to maintain family and community ties. For general population throughout the Complex, visiting will be held on Saturday and Sunday, the hours of visiting are 8:00 a.m. to 3:00 p.m.

Children, regardless of age, are counted as an adult as it relates to the number of visitors allowed in the visiting room.

Immediate family will include: father, mother, stepparents, brothers, sisters, wife, children, stepchildren or one having served as parents, such as legal guardian, foster parents or grandparents (verified in the inmates' presentence report). A common-law spouse will usually be treated as an immediate family member if the common-law relationship has previously been established in a state that recognizes such a status. A total of 6 other relatives, friends and associates may be placed on the visiting list upon receiving clearance. Attorney visits will be approved and arrangements made in advance by the inmate's respective unit team.

Inmates receiving extended medical treatment at a local hospital will not normally be permitted to have visitors. However, in extenuating circumstances, visiting at the local hospital may occur with the approval of the Associate Warden of Programs, Chief Medical Officer, and Captain.

All visits will begin and end in the visiting room. Kissing, embracing, and a handshake are allowed only on arrival and departure.

Inmates and visitors must be properly dressed in order to be admitted to the visiting room.

Requests for special visits or visits for family emergencies should be addressed with the inmate's respective unit manager. These will be approved on a case-by-case basis.

Dress Code For Visitors

All visitors for inmates are expected to use good judgment and taste in their dress attire. The following guidelines will be used to determine proper attire for visitors. The front entrance officer is responsible for determining suitable attire.

- A. Visitors (male and female) may wear walking shorts (or culottes) no more than 3" above the knee.
- B. No see through clothing.
- C. No military style clothing similar to inmate wear. (i.e. camouflage)
- D. No tank tops or other wear that exposes the midriff or cleavage area.
- E. Footwear is required. Sandals are acceptable with the exception of flip-flops.
- F. Skirts must be within 3" of the knee. No splits up higher.
- G. No spandex type clothing or other tight fitting apparel.
- H. No solid grey sweatpants or sweatshirts.
- I. No solid colored khaki/tan colored clothing at the Medium or Low facility.
- J. No solid orange colored clothing at the Medium.
- K. No solid green colored clothing for Camp visitors.
- L. No medical scrubs.

Any questions regarding proper attire will be referred to the Operations Lieutenant or Complex Duty Officer.

Inmates may only take a comb, wedding band, prescription eyeglasses, a handkerchief, and a religious medal into the visiting room. Items brought in or purchased by the visitor may not be brought back inside the institution by the inmate. No items may be exchanged in the visiting room between an inmate and visitor.

Identification of Visitors

Photo identification is required for visitors. This may include a valid unexpired state driver's license or state identification card. Birth certificates and social security cards are not considered acceptable identification. Persons without proper identification will not be permitted to visit.

Visitors must be able to clear the x-ray and metal detector. Visitors with medical conditions which prevent them from passing thru the metal detector or other conditions (i.e. oxygen tank, prosthetics) must have written documentation and prior approval from the inmate's unit team. Visitor's purses, attorney's briefcases, etc. may also be searched. Other personal articles

belonging to visitors must be placed in lockers provided by the institution or may be left in their cars.

Items Authorized

Visitors are permitted to bring cash not exceeding \$40.00 into the visiting room to purchase items from the vending machines. In addition, a reasonable number of diapers and other infant care items and sanitary napkins may be brought into the visiting room. No food from the outside may be brought into the visiting room (this includes chewing gum).

Items Permitted to be Provided to the Inmate

Inmates are not allowed to receive either coins or money while in the visiting room. Money for commissary accounts must be sent to the national lock box. Visitors are not permitted to give the inmate any items other than food items purchased from the visiting room vending machines. These items must be consumed in the visiting room and cannot be taken out of the visiting room by the inmate.

Special Rules for Children

As stated above, all children, regardless of age, will be counted as an adult, as it relates to the number of visitors allowed in the visiting room. Children only, are permitted in the children's play area. All other rules apply to children just as they do for adults.

Visiting Denial/Termination

Visitors can be denied entry into the institution for a variety of reasons, including, but not limited to the following: incorrect visiting day, visitor is not on the visiting list, improper clothing, improper/expired identification, introduction/attempted introduction of contraband, inmate's visiting restricted, violation/attempted violation of any visiting regulation, improper conduct with staff, improper conduct during visitation. Additionally, visitation may be terminated early due to any violations of visiting regulations and during times of visiting room crowding.

CORRECTIONAL SYSTEMS DEPARTMENT (CSD)

The Correctional Systems Department consists of the Complex Case Management Coordinator, Supervisory Corrections Systems Specialist, and Correctional Systems Officers. This department is responsible for; Admission and Release of all inmates, mail, inmate property, and inmate J&C files. There are offices located at the Low and Medium.

Records Office Open House Hours for General Population

- Camp – Conducted in Visiting Room – Tuesday 10:30 a.m. to 11:30 a.m.
- Low - Tuesday and Thursday 11:00 a.m. to 12:00 p.m.
- Medium - Tuesday and Thursday 11:00 a.m. to 12:00 p.m.

Mailroom Open House Hours for General Population

- Camp - conducted in Visiting Room - Tuesday 10:30 a.m. to 11:30 a.m.
- Low - Tuesday and Thursday 11:00 a.m. to 12:00 p.m.
- Medium - Tuesday and Thursday 11:00 a.m. to 12:00 p.m.

Receiving and Discharge (R&D) Open House Hours for General Population

- Camp – Conducted in Visiting Room – Tuesday 10:30 a.m. to 11:30 a.m.
- Low - Monday 11:00 a.m. to 12:00 p.m.
- Medium - Tuesday and Thursday 11:00 a.m. to 12:00 p.m.

Legal/Special Mail Open House Hours for General Population

- Camp Legal/Special Mail – Monday thru Friday (except holidays) – Inmates will meet the mailroom officer at the officer’s station at 6:00 a.m., when the outgoing mailbag is collected.
- Low Legal/Special Mail – Monday thru Friday (except holidays) 11:00 a.m. to 11:30 a.m.
- Medium Legal/Special Mail – Monday thru Friday (except holidays) during morning work call

Correspondence

In most cases, inmates are permitted to correspond with the public, family members and others without prior approval or the maintenance of a correspondence list. Outgoing mail is placed in mailboxes located in the housing units. Outgoing mail for inmates in the Low institution and the Camp may be sealed. Inmates housed in the Medium institution, including the Special Housing Unit, may not seal their outgoing general correspondence. This mail will be sealed by the unit officer when the mail is collected. The outgoing envelope must have the inmate’s full committed name, registration number, and the return address in the upper left-hand corner. **The name of the institution MUST be spelled out (Federal Correctional Complex) and not abbreviated.** All outgoing mail is required to have TRULINCS labels affixed to the envelope indicating the recipient’s address. Inmates can obtain these labels from the computers in Education. There is no mail service on weekends and holidays.

- All general correspondence must be single faced, 8.5 x 11 sheet of paper and may only contain no more than 5 sheets per envelope. Envelopes and paper must be white in color, with the exception of commercial correspondence. No card stock, with exceptions of commercial greeting cards.
- Any incoming general correspondence containing the following materials will be rejected: glitter, stickers, lipstick, crayon, marker, oily substances, perfume, and cologne.
- All incoming general correspondence, to include personal letters, photos, greeting cards, and post cards will be photocopied, with the exception of legal/special mail and commercial correspondence. Inmates will receive color photocopies with the exception of personal letters.

- All personal photographs will be color photocopied. Original photographs will be held for 30 days, for making new copies if needed. Original photos will be destroyed after the 30-day hold period. All sexually explicit/subjective photographs (including cartoons and drawings) will be rejected. Picture books/catalogues are not authorized and will be rejected.
- All incoming general correspondence utilizing a label for either the recipient and/or sender may be rejected (except inmate-to-inmate correspondence in which the recipient and sender information is required by the institution to be completed using a label). In those cases the correspondence will be repackaged.
- Rejected correspondence will be treated consistent with the applicable provisions of federal regulation and BOP policy.
- Educational correspondence courses must be approved by the Supervisor of Education (SOE) prior to receiving materials for the course through the mail. Education staff will provide the mail room staff a list of inmates approved to receive these courses, and the name of company/publisher from which they will be mailed.

Inmates must assume responsibility for the contents of all their letters. Correspondence containing threats, extortion, etc., may result in prosecution for violation of federal laws.

Inmates may be placed on restricted correspondence status based on misconduct or as a matter of classification. The inmate is notified of this placement and has the opportunity to respond.

First class mail, newspapers, and magazines are ordinarily distributed Monday through Friday, except holidays, by the evening watch officer in each living unit. Records staff will deliver legal and special mail to inmates ordinarily within 24 hours of receipt. Inmates are instructed to notify those writing them to put the inmate's committed name (no nicknames or aliases), registration number, and the housing unit on the envelope for prompt delivery of their mail.

All inmate packages received at the institution must have prior authorization or they will be rejected. Ordinarily, the only packages inmates will be allowed to receive are release clothing and medical devices to include eye glasses. Packages addressed in care of staff will be returned to sender without an approved package authorization. An item that weighs over 16 ounces or is received in bulky packaging will be considered a package.

Inmates are not allowed to receive postage stamps or stationary items including letterhead, writing pads/paper, blank envelopes, blank cards or spiral bound books through the mail. Publications received with CD/DVD discs will result in the entire publication being returned to the sender. Free gifts included in book orders will be returned to the sender. Hobby craft items may not be received in the mail. They must be purchased through the Commissary.

Incoming Publications

The Bureau permits inmates to subscribe to and receive publications without prior approval. The term publication refers to a book, single issue of a magazine or newspaper, or materials addressed to a specific inmate, such as advertising brochures, flyers, and catalogs. Inmates housed at the Medium (including Low/Camp inmates housed in SHU) may only receive publications from a commercial source, such as a publisher, book store, or book club. Books and magazines are limited to five per mailing.

An inmate housed at the Medium institution, including the Special Housing Unit, may only receive soft-cover publications (paper-back books, magazines, etc.) from an easily identifiable book store, book club, or publisher.

For information on receiving educational course material see page 19.

An inmate either at the Low, Camp or Medium facilities, may receive newspapers and hardcover publications only from the publisher, bookstore or book club. The unit manager may allow more space for legal publications upon request.

The Warden will reject a publication if it is determined to be detrimental to the security, good order or discipline of the institution, or if it might facilitate criminal activity.

Publications that meet one of the following criteria may be rejected:

- It depicts or describes procedures for the construction or use of weapons, ammunition, bombs, or incendiary devices.
- It depicts, encourages, or describes methods of escape from correctional facilities or contains blueprints, drawings, or similar descriptions of Bureau of Prisons institutions.
- It depicts or describes procedures for the brewing of alcoholic beverages or the manufacture of drugs.
- It is written in code.
- It depicts, describes, or encourages activities that may lead to the use of physical violence or group disruption.
- It encourages or instructs in the commission of criminal activity.
- Books or articles that describe self-defense or fighting techniques.
- It is sexually explicit material, or features nudity (reference P.S. 5266.11) that by its nature or content poses a threat to the security, good order, or discipline of the institution. Sexually explicit material received in the mail may be reviewed by psychology staff in the Sex Offender Management Program for determination of risk relevant material.

Special Mail

Special Mail is a category of correspondence which may be sent out of the institution unopened and unread by staff, which includes correspondence to: President and Vice-President of the United States, U. S. Department of Justice (including Bureau of Prisons), U. S. Attorney Offices, Surgeon General, U. S. Public Health Service, Secretary of the Army, Navy, or Air Force, U. S. Courts, U. S. Probation Officers, members of the U. S. Congress, Embassies and Consulates, Governors, State Attorneys General, Prosecuting Attorneys, Directors of State Departments of Corrections, State Parole Commissioners, State Legislators, State Courts, State Probation Officers, other federal and state law enforcement officers, attorneys and representatives of the news media.

In order for special/legal mail handling to be provided, Bureau Policy requires on the front of the envelope; the sender to be adequately be identified and “Special Mail – Open Only in the Presence of the Inmate” or with similar language.

Inmates needing to mail Special Mail should present the sealed envelope to the unit officer. The unit officer will release the inmate from the unit so the inmate can report to the Records Office. The inmate should report to the Records Office and provide staff with their inmate identification card, and the Special Mail being mailed. The return address must match that of the inmate, and inmate identification card. Any mail weighing 16 ounces or more must be accompanied by a signed Authorization to Mail a Package.

Special Mail also includes mail received from the following: President and Vice-President of the United States, attorneys, members of U. S. Congress, Embassies and Consulates, the U.S. Department of Justice (excluding the Bureau of Prisons), other federal law enforcement officers, U.S. Attorneys, State Attorney Generals, Prosecuting Attorneys, Governors, U.S. Courts and State Courts.

A designated staff member will open incoming Special Mail in the presence of the inmate. This is usually done by a member of the Correctional Systems Department. These items will be checked for physical contraband and to ensure the qualification as Special Mail is met. The correspondence will not be read or copied if the sender has accurately identified himself/herself on the envelope and front of the envelope clearly indicates the correspondence is Special Mail, Only to be Opened in the Presence of the Inmate. Without adequate identification as Special Mail, staff may treat the mail as general correspondence. In this case, the mail may be opened, read, and inspected. (See PS 5265.14, Correspondence, for detailed instructions).

Inmate should use the following address to receive their incoming mail and for the return address for their outgoing mail.

Full Committed Name, Register Number
Federal Correctional Complex
P.O. Box 1000
Petersburg, VA 23804

Inmate Correspondence with Representatives of the News Media

An inmate may write through Special Mail procedures to representatives of the news media if specified by name or title. The inmate may not receive compensation or anything of value for correspondence with the news media.

Representatives of the news media may initiate correspondence with an inmate. Correspondence from a representative of the news media will be opened and inspected for contraband, for qualification as media correspondence and for content which may promote either illegal activity or conduct contrary to regulations.

Correspondence Between Confined Inmates

An inmate may be permitted to correspond with an inmate confined in another penal or correctional institution. This is permitted if the other inmate is either a member of the immediate family, or is party in an ongoing legal action (or witness) in which both parties are involved.

The following additional limitations apply:

- Such correspondence is always inspected and read by staff at the sending and receiving institutions (it may not be sealed by the inmate).
- The unit managers at both federal institutions may approve inmate-to-inmate correspondence.
- The Warden must approve all inmate correspondence to inmates in non-federal institutions.

Rejection of Correspondence

The Warden may reject correspondence sent by or to an inmate if it is determined to be detrimental to the security, good order, or discipline of the institution, to the protection of the public, or if it might facilitate criminal activity.

Examples include:

- Matter that is non-mailable under law or postal regulations (such as child pornography).
- Information of escape plots, of plans to commit illegal activities, or to violate institution rules.
- Direction of an inmate's business (prohibited act 334). An inmate may not direct a business while confined. This does not, however, prohibit correspondence necessary to enable an inmate to protect property or funds that were legitimately his at the time of his confinement. An inmate may correspond about refinancing a mortgage for his home or sign insurance papers; but he may not operate a mortgage or insurance business while confined in the institution.

- Sexually explicit material including photos, drawings, and/or depictions of nudity, sex acts, and simulated sex acts, male and female genitalia, female breasts that expose the nipple and/or areola, and the anus. This includes exposure through “see through” materials (clothing). Pictures of individuals who meet the above description but have the areola or genitalia blurred out or blacked out are also considered nude and will not be authorized.
- Material including bestiality, sadomasochism, and photos/publications (including text) which involve the victimization of children and photos of persons intending to appear to be children in sexually provocative positions are considered to pose a threat to the good order of this complex and are prohibited.
- Materials that may be risk relevant for sexual offenders (e.g., photographs of individuals who appear to be minors, sexually suggestive photographs, nude/partially nude images, children who are partially clothed) are considered contraband at FCC Petersburg (Medium) as they are readily shared, exchanged, and/or sold to other inmates for sexual purposes. Based on these concerns, staff members are vigilant in restricting this type of contraband from all inmates at this institution, even in instances where the inmates are allowed to possess these items at other facilities. The availability of those materials has the potential of undermining the rehabilitation efforts of sexual offenders and the Sex Offender Management Program (SOMP) mission at FCC Petersburg.
- Thumbnail photographs unless bound as a catalogue (does not include stapled pages)
- Postage

Notification of Rejection

The Warden will give written notice to the sender concerning the rejection of mail and the reasons for the rejection. The sender of the rejected correspondence may appeal the rejection. The inmate will also be notified of the rejection of correspondence and the reasons. The inmate also has the right to appeal the rejection. The Warden shall refer the appeal to a designated officer other than the one who originally disapproved the correspondence. Rejected correspondence ordinarily will be returned to the sender.

Mailing of Inmate Property

Inmates wishing to have personal items mailed into the institution will send an Inmate Request to Staff to the department head responsible for the requested item as follows:

- Unit Manager - release clothing
- Hospital Administrator - Arch supports, prosthetic devices, eyeglasses, and hearing aids.

Forwarding of Mail

The mailroom staff will forward general correspondence mail (as opposed to special mail) to the new address provided by the inmate for a period of 30 days. After the 30-day period, general mail received will be returned to the sender with the notation “Not at this address - Return to

sender". Special/Legal mail will continue to be forwarded to the address provided after the 30-day period.

Certified/Registered Mail

Inmates desiring to use certified or registered mail may do so by attending mailroom open house. An inmate may not use express mail, private carrier services, or collect on delivery (COD). Stamp collecting is prohibited.

Sentence Computation

The Designation and Sentence Computation Center (DSCC) is responsible for the computation of inmate sentences. An inmate will be given a copy of his sentence computation as soon as it is prepared. Any questions about good time, jail time credit, parole eligibility, full term dates, release dates, or periods of supervision, are resolved by staff upon inmate request for clarification. If an inmate is dissatisfied with the response provided, the inmate can address their issue through the Administrative Remedy Process.

Detainers

Warrants (or certified copies of warrants) based on pending charges, overlapping, consecutive, or unsatisfied sentences in federal, state, or military jurisdictions, will be accepted as detainers.

Detainers and untried charges can have an effect on institutional programs. Therefore, it is very important that the inmate initiate efforts to clear up these cases to the degree he can. Case Management staff may give assistance to offenders in their efforts to have detainers against them disposed of, either by having the charges dropped, by restoration to probation or parole status, or by arrangement for concurrent service of the state sentence. The degree to which the staff can assist in such matters will depend on individual circumstances.

Federal and State detainers may be quickly processed under the procedures of the Interstate Agreement on Detainers (IAD). This agreement applies to all detainers based on untried pending charges which have been lodged against an inmate by a member state, including the U.S. Government, regardless of when the detainer was lodged. This does not apply to Probation and Parole violation detainers. These type of detainers/pending charges do not meet the criteria for an IAD.

For an inmate to use this procedure, the warrant must be lodged with the institution. If no detainer is actually lodged at the institution, but the inmate knows of pending charges, it is important for the inmate to contact the court and district attorney.

Good Conduct Time

This applies to inmates sentenced for an offense committed after November 1, 1987. The Comprehensive Crime Control Act became law November 1, 1987. The two most significant changes in the sentencing statutes deal with good time and parole issues. There are no provisions under the new law for parole. The only good time available will be fifty-four (54) days per year of good conduct time. 54 days of Good conduct time is awarded for each year the inmate is sentenced to.

There is no statutory good time or extra good time available for individuals sentenced for crimes committed after November 1, 1987.

For inmates whose date of offense is after April 26, 1996 and serving a United States Code sentence or a District of Columbia sentence under SRAA, they are eligible to receive fifty-four (54 days) Good Conduct Time for each year sentenced. The good time does not vest until the inmate's release date. In addition, an inmate's award of Good Conduct Time can be impacted by the inmate's progress or status of earning a GED through the Education Department. If the inmate goes into an unsatisfactory GED status, as determined by Education staff, the amount of Good Conduct Time is reduced to forty-two (42) days while the inmate is in an unsatisfactory status.

Inmate Personal Property

Items which may be retained by an inmate are limited for sanitation, security, and safety reasons. This is done to ensure excess personal property is not accumulated which would constitute a fire hazard or impair staff searches of your living area.

The only time an inmate may be authorized to receive a package will be for medical devices and release clothing. Inmates will not be permitted to receive packages from home with the exception of release clothing. Inmates are only authorized to possess items issued, sold in the commissary or purchased thru a Special Purchase Order. All personal property, including commissary items, will be stored in lockers. Inmates should not purchase more commissary or other items than will fit in the locker. Inmates may purchase personal locks in the institution commissary.

Inmates are to store their legal materials and supplies in their locker. Inmates may request additional storage space for legal material through their correctional counselor.

The total value of an inmate's accumulated commissary items (excluding special purchase) will be limited to the monthly spending limitation. Special limits on various items may apply.

Exposed food items create a health hazard. Inmates must properly seal their food when not consumed. Empty jars may not be kept or used as drinking containers. The empty jars are to be thrown away.

Inmates are limited in the number of magazines stored in the locker or shelf provided in each room. Inmates may have in their room/cubicle three newspapers (current), five magazines (up to 30 days from date published) and five books. Inmates must have written authorization from the Supervisor of Education to receive or possess a correspondence course.

Upon completion of the course, the books and materials should be mailed out. If any books are kept, they will be counted as one of the allowable books. No pictures or items may be tacked, stapled, or taped to any locker, door, window, bed or wall.

An inmate may not own or possess more than one (1) approved radio or MP3 player and/or

watch at any one time. Proof of ownership, through appropriate property receipts, will be required. Radios with a CD/tape recorder and/or CD/tape player are not authorized. Only Walkman-type radios are permitted and headphones are required at all times. While an inmate is in holdover status, he may not purchase, own or possess a radio or watch. Inmates may not give any items of value to another inmate (i.e., radio, watch, sneakers and commissary items).

Inmates may have a plain wedding band (without stones) and, with prior approval, a religious medal without stones. The declared value of the item must be less than \$100.00.

Due to Covid-19, inmates that arrive to the institution will not receive their property until they come off of quarantine status. Once the inmate has moved out of the quarantine unit, R&D staff will escort the inmate to R&D to issue them their property.

Mandatory DNA Collection

Statutory Provisions: Public Law No. 106-546, Section 3, 114 Stat. 2726 (December 19, 2000) requires a mandatory condition of supervision that the defendant cooperate in the collection of a DNA sample for any qualifying offense. 18 U.S.C. 3563 (a)(9). The Justice for All Act of 2004 (Public Law 108-405 (October 30, 2004), amended 42 U.S.C. 14135a(d)(1) and provided that qualifying offenses include: 1) Any felony, 2) Any Offense under chapter 109A of Title 18, United States Code, 3) Any crime of violence (as that term is defined in section 16 of Title 18, United States Code, and 4) Any attempt or conspiracy to commit any aforementioned offense. DNA sample collection will ordinarily be taken prior to your release from custody.

EDUCATION

The Education Department is responsible for providing Literacy and English as-a-Second Language (ESL) programs in accordance with Education policies and procedures. Other programs are offered to meet the needs and interests of the inmate population as well as allowing the positive use of inmate time in preparation for reintegration into the community.

Inmate education programs include: Literacy (General Education Development and English as-a-Second Language), Vocational Training, and Adult Continuing Education (ACE) classes. These programs provide inmates with an opportunity to earn a high school equivalency credential, learn functional skills, obtain marketable job skills, and acquire self-improvement skills.

Literacy

All inmates who do not meet the exemption requirements as stated in Program Statement 5350.28, Literacy Program, (GED Standard) and who do not have a high school diploma or a GED credential must participate in the literacy program for a minimum of 240 instructional hours or until they earn a GED credential. For inmates to receive job pay promotions above the entry level, they must have a high school diploma or a GED credential.

In 1994, the Violent Crime Control and Law Enforcement Act (VCCLEA) was implemented, and the Prison Litigation Reform Act (PLRA) was implemented in 1997. These laws require inmates who lack a high school diploma to participate in a GED credential program in order to

be eligible to earn and vest the maximum amount of good conduct time.

English as-a-Second Language

The English as-a-Second Language (ESL) program enables inmates with limited English proficiency to improve their English language skills.

The Comprehensive Crime Control Act mandates non-English proficient inmates participate in an ESL program until they pass competency skills tests at the eighth-grade level.

Occupational Education

Inmates have access to a wide range of occupational training programs, which provide the opportunity to obtain marketable skills. Course offerings are based on general labor market conditions, institution labor force needs, and vocational training needs of inmates. All marketable occupational programs include “live work” which contributes significantly to the operation and maintenance of the institution. Additionally, these projects provide actual hands-on work experiences which prepare inmates for realistic job opportunities. Courses offered include Building and Trades, Custodial Maintenance, Culinary Arts, and Machine Shop Vocational Training.

Post Secondary Education

General education college courses are primarily completed through correspondence courses. However, inmates must pay for their own tuition, books, and materials for all post-secondary courses. Prior approval for all courses must be received by Education Department staff. Once approved, education staff will notify mail room staff of the approval to receive correspondence material.

Adult Continuing Education

Adult Continuing Education (ACE) activities are formal instructional classes designed to enrich inmates with a general knowledge in a wide variety of subjects. ACE courses are taught by inmates with staff oversight.

FSA

The Education department offers several first step act classes some of which are Bureau Literacy Program, ESL, Barton’s Reading and Spelling, Work-Keys/Tessera

Parenting

The parenting program is designed to help inmates maintain family ties and parental bonds during incarceration. Parenting related activities include parenting education, community based social services, and parent/child visiting room activities.

Release Preparation

The release preparation program assists inmates with specific and broad-based preparation for release back into society. Inmates can learn resume writing, interview skills, job search and retention skills. Mock Job Fairs are conducted annually and provide realistic experiences for those inmates nearing release.

Inmate Library Services

A general library includes a variety of magazines, newspapers, reference materials, and fictional and nonfiction books necessary for meeting the educational, cultural, and leisure needs of inmates. An Inter-Library Loan Program is available through the Appomattox Regional Library.

Inmates are afforded the opportunity to prepare legal documents and reasonable access to legal materials via the Electronic Law Library (LexisNexis). Additionally, the law libraries contain required legal publications, general legal reference materials, and a selection of Bureau of Prisons policies.

FACILITIES

The Facilities department consists of a variety of details that are responsible for maintenance and construction, the details are as follows:

The Maintenance Shop is responsible for painting, landscaping, concrete repair, sheet rock repair and installation, roof repair, window replacement, and repairs to furnishings of all types.

The Electric Shop is responsible for all electrical repairs from lighting to heavy industrial and electrical controls.

The HVAC Shop is responsible for the maintenance, repairs, and installation of all heating and cooling systems as well as refrigeration systems.

The Plumbing Shop is responsible for maintenance, repairs and installation of hot and cold water supply and returns, and sewage lines. In addition, this shop is responsible for the installation of all plumbing fixtures.

The Power House operates at the “Camp only”. The Power House operates steam & hot water boilers, chillers, generators, sewage grinding and pumping equipment, and elevated water tanks. The power house operates 24 hours a day seven days a week.

Trash Crew operates at the “Camp only”. Inmates assigned to this work detail must have a current class “B” CDL.

Facilities Hours of operation at the LOW, MEDIUM and CAMP are as follows:

- Facilities AM Work Call 6:45 a.m.
- Facilities Lunch 10:30 a.m. to 11:45 a.m.
- Facilities PM work call 11:45 a.m.
- Facilities recall 3:30 p.m.

Pay scales available: Grade 1, \$0.40 per hour
Grade 2, \$0.29 per hour
Grade 3, \$0.17 per hour

Grade 4, \$0.12 per hour
Maintenance pay \$5.25 per month

All grades can receive a bonus of up to 50% of your base pay monthly, at the Detail Supervisor's discretion.

FINANCIAL MANAGEMENT

Release Funds

Financial Management staff distribute personal, transportation and gratuity funds based on documentation obtained from Unit Management staff. Inmates will be escorted to the Business Office by R&D staff where your funds will be issued to you at the time of release.

All funds from your trust fund account will be loaded onto a debit card which has your name and picture on it. The PIN is factory sealed in the envelope which holds the card and the directions. The directions include the number to contact if you have a problem using the card or the PIN. It is highly suggested that you DO NOT change the PIN. These cards can be used at automated teller machines (ATM's), retail and other point-of-sale (POS) locations that accept Visa, and for over-the-counter (OTC) withdrawals at financial institutions that accept Visa. No fee is charged when you use ATM's that display the Allpoint logo; if the ATM does not display the Allpoint logo, any applicable ATM fees apply. The cards are issued from Citibank New York Community Bank and can easily be deposited into a bank account.

Do not destroy the cards after you have retrieved the funds. Any additional funds which come in after your release can be loaded one time after you leave.

Transportation and gratuity, if any, will be given to you in cash.

If you have a detainer and are releasing into the custody of state or local law enforcement, the funds from your account will be sent to you by treasury check.

FOOD SERVICE

All meals, with the exception of the soup, salad bar, are served by inmate workers for the general population. No personal dishes, bowls, cups or bottles are allowed in the dining room. However, inmates may bring in their own bottle of mayonnaise, soy sauce, and/or hot sauce. No food or

beverage of any kind may be removed from the dining room. Inmates are expected to be in a complete uniform Monday through Friday during normal work hours. Books, bags, foods and empty containers are not authorized to be brought into the dining hall.

Inmates must be in possession of their identification card at each meal in order to receive a meal tray. Anyone without an inmate identification card will be required to eat at last call and will be required to provide their identification card within 24 hours during normal business hours Monday through Friday or within 24 hours of the next business after holidays and weekends.

Medical Diets

All medical diets must be generated by the Health Services Administrator (HAS) or Clinical Director (CD) before any deviations to the national menu will be authorized. Diabetics who require a snack will be required to provide proof of the medical need upon request.

Religious Diets

The Bureau provides inmates requesting a religious diet reasonable and equitable opportunity to observe their religious dietary practices through the approved religious diet menu, within the constraints of policy limitations, security and orderly running of the institution.

Inmates wishing to participate in the religious diet program will make this request in writing to the Religious Services Department.

All requests for religious ceremonial meals will be submitted to the Chaplain, and will be considered once confirmed by religious services. All menus will be approved by the Food Service Administrator and are subject to substitution if items are not available.

Meal Schedule

- Breakfast: is served from 6:00 a.m. to 7:00 a.m. (Sat/Sun/Federal holidays: 7:00 a.m. to 8:00 a.m.)
- Early Chow is served from 10:00 a.m. to 3:00 p.m. for Food Service workers.
- Lunch: is served from 10:45 a.m. to 12:00 p.m. (Lunch at the FPC is from 10:45 a.m. to 11:30 a.m.)
- Dinner: is served after the 4:00 p.m. count clears, and lasts for approximately one hour.

HEALTH SERVICES

Privacy

Staff will provide inmates the opportunity to discuss their medical complaints without other

inmates being present and/or being able to hear confidential medical information.

Intake Screening

Health Services clinical staff will conduct an initial assessment of each newly committed inmate upon his/her arrival at an institution. This screening is to determine:

- Urgent medical, dental or mental health care needs
- Signs of acute drug or alcohol intoxication or symptoms of withdrawal
- Restrictions on temporary work assignments
- Freedom from contagious infectious disease

Inmates with perceived immediate medical, dental and/or mental health needs will be referred to the appropriate health care staff for evaluation (i.e. Psychology for mental health, medical provider for contagious infectious disease and/or community hospital referral for alcohol intoxication or symptoms of withdrawal). Detoxification and poison control protocols/procedures will be determined by a physician. Psychology Services will screen all inmate intakes to the institution within established time frames. Inmates with mental illness or disorders will be managed by Psychology and/or Health Services (medication management).

Medical Sick Call Procedures

Inmates are assigned a medical provider based on the last two digits of their Register number (123XX-000). Medical appointments are based on the problems indicated on the sick call form and in compliance to the guidance issued by the Health Services Division regarding the triage procedures. As inmates report to Health Services for their appointment, a member of the medical staff will request an identification (ID) card as proof of identification and verification. The medical provider will escort each inmate to the examination room for a medical evaluation.

Camp

Inmates requesting a “Sick-Call” appointment must fill out the Sick Call Request Form available for pick up from their unit officer as needed. The sick call form must be dropped in the box available in the Health Services Unit. The requests are collected daily between 7:00 a.m. and 7:30 a.m. Sick call requests submitted after the collection time will be processed the following day. When properly completed, the form will enable the inmates to get an appointment from their assigned providers.

Inmates are seen on Monday, Tuesday, Thursday, and Friday for their appointments. As inmates report to Health Services for their appointment, a member of the medical staff will request an ID card as proof of identification and verification. The medical provider will escort each inmate to the examination room for a medical evaluation.

Medium and Low Facility

Sick Call will be offered four days a week: Monday, Tuesday, Thursday and Friday. An 8:30am move will be announced for Sick Call only. During this call, inmates will report to the Health Services Department with their ID card, sign in and be seated in the waiting area. Once in the waiting area, inmates will be called by a provider to discuss their medical issues/concerns. The

provider will determine if the inmate will be seen that same day or given an appointment for another day. If it is deemed that the inmate will be seen another day, they will be notified of the day and time of the scheduled sick call appointment. This sick call process will be separate from the Dental sick call process.

There will be no medical or dental sick call on weekends or Federal holidays. For all institutions, there will be no medical appointments on Wednesday. Wednesday has been reserved for A&O examinations, which includes physical & dental examinations and required Laboratory Tests.

Dental Sick Call Procedures

Dental Sick-Call sign-up is available daily, except Wednesdays and weekends. The start of dental sick call will be announced for inmates to report to the Health Services Unit. Inmates will be provided a form exclusively for dental sick call use.

Urgent or Emergency Dental Care: After normal work hours or on weekends, emergency care will normally be evaluated by a clinician and will be referred to the dental officer, as needed. Dental emergencies during working hours are handled similar to medical emergencies

Emergency dental care implies evaluation of a problem area, placement of a temporary restoration (fillings), extraction of a hopeless tooth, and/or treatment of infection with adequate antibiotic medication. Emergency dental care does not include cleaning or permanent fillings of teeth.

Routine Dental Care

Routine dental care is provided based upon the availability staff, time and resources. Routine dental care includes radiographs, oral health instruction, dental prophylaxis (cleaning), amalgam or composite restorations, and fabrication of dentures.

Access to routine dental care is dictated by a treatment list. Inmates will be taken from the chronological Dental Treatment Waiting List. Inmates can request placement on the waiting list by submitting an Inmate Request to Staff (cop-out) to the Dental Department. The Dental Department will place the inmate on a chronological list, maintain a copy of the cop-out and return a copy to the inmate for his records.

The inmate's name will be placed on the Call-Out as it comes to the top of the list. It is very important that inmates carefully check the Daily Change Sheets. If an inmate misses an appointment following the cleaning, the inmate will be removed from the Dental Treatment Waiting List. The inmate will be placed on the bottom of the list after submitting another cop-out.

Special Housing Unit (SHU)

Medical staff will make daily rounds in the SHU during the "lights-on" period, except in extenuating circumstances. SHU inmates will complete sick call request forms to submit to rounding medical staff. Sick call requests will be triaged and based on the medical complaint,

inmates will be seen by a medical provider on the same day or during a future scheduled appointment.

Inmate Co-Pay

A co-payment fee of \$2.00 will be charged to the inmate’s commissary account through the TRULINCS system for all healthcare visits initiated by an inmate, to include both medical and dental sick call. Preventive healthcare, chronic care appointments, emergency visits, immediately reported injuries, and provider initiated follow-up appointments will not be charged.

Any grievances with the co-payment assessment should be addressed with the Health Services Administrator through the “Inmate Request to Staff” electronic TRULINKS system. The TRULINCS system will automatically deduct or not deduct the funds depending on pay versus non-pay status entered by the health services staff member. Also, the TRULINCS system will also determine the indigent versus lack of fund status and assess charges accordingly.

Chronic Care Clinic (CCC)

CCCs are a means for inmates with ongoing medical needs to be tracked and seen by a health care provider at clinically appropriate intervals. A physician will see all inmates assigned to a CCC every 12 months, or more often as clinically indicated. Inmates will be afforded individualized treatment plans and documentation will be recorded using the BOP’s electronic medical record system (BEMR) in SOAPE format.

Over the Counter Medications (OTC’s)

Over the counter medications are to be purchased through the Commissary. Inmates are advised to keep an adequate amount of these medications in case commissary is closed for inventory or other reasons.

Indigent inmates will be required to submit their OTC medication requests by obtaining the indigent OTC form from the pharmacy on Wednesday at the 7:00 a.m. pill line. Indigent medications will be dispensed on Wednesday at the 11:30 a.m. pill line.

Pill & Insulin Line Procedures

Only those medications approved by the Federal Bureau of Prisons (BOP) will be dispensed at this facility. No personal medications may be sent into this facility nor can they be brought from home even upon the advice of the inmate’s private physician.

Provisions for inmate access to prescribed medication is made through the use of scheduled “pill lines.” An ID card is required to receive medications. Pill line is held at the pharmacy window which is located in the Health Services Unit, and the hours are specified as follows:

MEDIUM /LOW MONDAY TO FRIDAY:

INSULIN LINE (Medium)	6:00 a.m. - 7:00 a.m. (or as announced in the compound)
INSULIN LINE (Low)	6:00 a.m. - 6:30 a.m.
MORNING PILL LINE	7:00 a.m. - 7:30 a.m. (Pill line other than INSULIN LINE)

NOON PILL LINE 11:30 a.m. - 12:30 noon (or until mainline is closed)
This includes medication pick-up.

PM INSULIN LINE Begins after the 4:00 p.m. count and will be announced
PM PILL LINE Will run simultaneously with evening mainline

CAMP:

INSULIN LINE 6:00 a.m. - 6:15 a.m.
MORNING PILL LINE 6:15 a.m. - 6:30 a.m.
EVENING PILL LINE 5:00 a.m. - 5:30 p.m.

WEEKENDS / HOLIDAYS:

INSULIN LINE (Medium) 7:30 a.m., Until the close of mainline, then followed by pill line
INSULIN LINE (Low) 7:00 a.m. - 7:30 a.m.

**** NOTE**** 11:30 a.m. is the only time medication pick up is available

****** An earlier or later pill line hour may be implemented as deemed necessary (e.g., institution emergency and only one medical provider).

*******Inmates will submit a refill request by entering their refill request in the TRULINCS system. Inmates will complete a Sick Call Request Form to have their medication renewed (for expired medications).

No Shows and Refusals

Although inmates may refuse to take any pill line medication or insulin, they are required to report at the appropriate time to the respective line. If an inmate comes to pill or insulin line but refuses their medication, they will be required to sign a refusal form.

Medical Emergencies

Medical emergencies will be determined by the medical staff, but are not limited to “loss of life or limb” situations. Inmates who become ill during the work day, weekends, or after normal sick-call hours, should report to their unit officer or their work supervisor. Staff will notify medical staff of the inmate’s condition. If the inmate’s provider is available at the time of referral, he/she will triage the symptoms appropriately; otherwise, a different medical staff may triage the inmate. Inmates will be considered “Out-of-Bounds,” if they appear in the Health Services Department without the required staff referral.

Accident/Injury Reporting

Inmates must report accident/injuries, regardless whether they are related to work, recreation, assault, off-duty time or occupational illness. Inmates should immediately report injuries through the unit officer, unit staff member or detail supervisor. Health Services staff will complete an injury assessment and forward a copy to the Safety Department.

Missed Appointments

Due to the number of inmates requesting medical and dental visits, any inmate who fails to arrive during the open move will be considered a “no show” and will have their appointment cancelled and may be subject to disciplinary action. This also applies to inmates on a “Waiting List” status. In case of the latter, the inmate’s name will be removed, and/or placed at the end of the list.

Change Sheets (Daily Call-Outs) are to be checked on a daily basis and it is the responsibility of the inmate to check these daily. It is the inmate’s responsibility to notify his unit officer if the Change Sheet list is not available in the unit. The unit officer or work supervisor should call the clinic to inform the clinician why you have missed your appointment or failed to arrive during the open movement.

Eyeglasses

Due to safety and sanitation concerns, contact lenses are prohibited by the BOP unless “Ophthalmologic” clearance is indicated in the medical record. All inmates needing eyeglasses must be referred to see the “Eye Doctor” (optometrist) by his provider. Not all inmates who report blurring of vision will be referred to an optometrist. The medical providers will determine the necessity of the referral and the severity in the error of refraction.

Inmates are only authorized to have two pair of eyeglasses in their property. It is required for inmates to return any broken eyeglasses that were issued by the BOP before receiving the new pair.

Footwear

The BOP and OSHA requires all inmates to wear steel-toe shoes at work. Inmates with special medical needs will be evaluated by the medical staff and referred to the staff physician for evaluation if needed. All exceptions to this policy must have the signature of the CD, HSA, or Assistant Health Service Administrator (AHSA).

Hearing Aids

Inmates found to have hearing deficits, will be referred to a certified audiologist. If audiometric testing concludes there is sufficient hearing loss requiring a hearing aid, the inmate will be provided a hearing aid at no cost. Inmates who arrived in the institution with personal hearing aids may be allowed to retain their hearing aids. Inmates may not purchase a personal hearing aid once they are committed to the institution.

Medical/Dental Adaptive Devices

Medical and/or dental adaptive devices will be authorized and provided to inmates at the clinical determination of the treating provider or dentist. Misuse or diversion of adaptive devices may lead to disciplinary actions and/or discontinuation of the equipment/device.

Exercise and Physical Therapy

Inmates are afforded the opportunity to exercise on the Recreation Yard and at other designated areas within the institution. Inmates who have a clinical need for formal physical therapy as

determined by the treating provider will be provided home exercises or receive a specialty consultation.

Medical Duty Status

Medical Duty Status restrictions will be consistent with the inmate's medical and /or mental health condition. Medical idles may be authorized (maximum of 3 calendar days) for recuperation from an acute illness or injury. Medical convalescence and/or infirmary care will normally be conducted at a community hospital as determined by a physician.

Early Meal Passes

The Health Services Department does not issue early chow passes. Inmates with medical conditions that can restrict them to line up for mainline will be accommodated during the "last call" for mainline.

Physical Examinations

All inmates arriving at FCC Petersburg will receive a medical screening during the Intake Screening process in R&D. All newly incarcerated inmates at a BOP facility or inmates who do not have a current documented physical examination will be scheduled for an A&O physical examination within 14 days of arrival. The medical provider does not need to complete a new physical examination on an inmate transferring from another BOP facility, who has had one documented, provided that the inmate has been in continuous custody and the examination is current and accurate, unless otherwise clinically indicated. Any other health evaluation will be provided if indicated by completing a sick call request form.

Consultations/Non-BOP Medical Staff & Elective Procedures for Surgery

The need for an inmate to be seen by a specialist or consultant will be made by health services staff only. The decision for treatment offered by a consultant or specialists is a recommendation only. The Clinical Director, via the Utilization Review Committee (URC), reserves the right to agree or disagree with the recommendations made by the consultant or specialists.

Elective procedures for surgery will be reviewed and approved by the local URC. If the elective procedure is approved locally, final review and approval will be determined by Regional review. If the elective procedure is approved by the Region, scheduling of the procedure will be initiated.

HIV Information

HIV testing is for the purpose of evaluating an inmate's exposure to the AIDS Virus. This testing is required for all inmates prior to furlough, half-way house placement, parole or release. Inmates may request an HIV test due to concerns about previous lifestyles via a sick call request form. Results of HIV test are confidential. The infectious disease coordinator or designee will inform the inmates of the test results by placing the inmate on call out.

Sexual Assault Prevention

All staff and inmates are responsible for being alert to signs of potential situations in which sexual assaults might occur; here are some things you can do to protect yourself against sexual assault:

- Carry yourself in a confident manner at all times. Do not permit your emotions (fear/anxiety) to be obvious to others.
- Do not accept gifts or favors from others. Most gifts or favors come with strings attached to them.
- Do not accept an offer from another inmate to be your protector.
- Find staff member with whom you feel comfortable discussing your fears and concerns.
- Be alert! Do not use contraband substances such as drugs or alcohol; these can weaken your ability to stay alert and make good judgments.
- Be direct and firm if other asks you to do something you don't want to do. Do not give mixed messages to other inmates regarding your wishes for sexual activity.
- Stay in well-lit areas of the institution.
- Choose your associates wisely. Look for people who are involved in positive activities like educational programs, psychology groups, or religious services. Get involves in these activities.
- Trust your instinct. If you sense that situation may be dangerous, it probably is.
- If you fear for your safety, report your concern to staff.

Remember: Sexual assault is a serious crime. Staff will investigate all reported incidents of sexual assault. If you are a victim of such an assault REPORT IT IMMEDIATELY. Staff will protect you from the assailant.

Advanced Directives (Living Will)

During life-threatening situations, an inmate can express whether he wants care to be given which will preserve or extend life. Inmates have the fundamental human right to make a decision relating to their own care, including the decision to have life-sustaining procedures withheld or discontinued. However, the BOP remains committed to the principle to provide resuscitative measures within the correctional setting.

Because the institution does not have in-patient services, any inmate wishing to have a Living Will (notarized Advanced Directive), will be provided with the proper paper work to complete. The information will be incorporated in their electronic medical records. This information can also be provided to a local hospital if requested by the attending physician where the inmate is confined; however, when an inmate is admitted to a local hospital, the policy and directive of the local hospital regarding Advance Directives will prevail.

The declaration shall be signed by the inmate in the presence of two witnesses. This directive may be revoked at any time.

Inmate Health Care Rights and Responsibilities

While in the custody of the BOP you have the right to receive health care in a manner that recognizes your basic human rights, and you also accept the responsibility to cooperate with your health care plans and respect the basic human rights of your health care providers.

Your Health Care Rights	Your Responsibilities
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1. You have the right to access health care services based on the local procedures at FCC Petersburg. Health services include medical, dental and all support services. Health Services cannot be denied due to lack (verified) of personal funds to pay for your care.	1. You have the responsibility to comply with the health care policies of FCC Petersburg, and follow recommended treatment plans established for you, by health care providers. You have the responsibility to pay an identified fee for any health care encounter initiated by yourself, excluding emergency care. You will also pay the fee for the care of any other inmate on whom you intentionally inflict bodily harm or injury.
2. You have the right to know the name and professional status of your health care providers and to be treated with respect, consideration and dignity.	2. You have the responsibility to treat these providers as professionals and follow their instructions to maintain and improve your overall health.
3. You have the right to address any concern regarding your health care to any member of the institution staff including the physician, the Health Services Administrator, members of your Unit Team, the Associate Warden and the Warden.	3. You have the responsibility to address your concerns in the accepted format, such as the <i>Inmate Request to Staff Member</i> form, main line, or the accepted <i>Inmate Grievance Procedures</i> .
4. You have the right to provide the Bureau of Prisons with Advance Directives or a Living Will that would provide the Bureau of Prisons with instructions if you are admitted as an inpatient to a hospital.	4. You have the responsibility to provide the Bureau of Prisons with accurate information to complete this agreement.
5. You have the right to be provided with information regarding your diagnosis, treatment and prognosis. This includes the right to be informed of health care outcomes that differ significantly from the anticipated outcome.	5. You have the responsibility to keep this information confidential.
6. You have the right to obtain copies of certain releasable portions of your health record.	6. You have the responsibility to be familiar with the current policy and abide by such to obtain these records.
7. You have the right to be examined in privacy.	7. You have the responsibility to comply with security procedures should security be required during your examination.
8. You have the right to participate in health promotion and disease prevention programs, including those providing education regarding infectious diseases.	8. You have the responsibility to maintain your health and not to endanger yourself, or others, by participating in activity that could result in the spreading or catching an infectious disease.
9. You have the right to report complaints of pain to your health care provider, have your pain assessed and managed in a timely and medically acceptable manner, be provided information about pain and pain management, as well as information on the limitations and side effects of pain treatments.	9. You have the responsibility to communicate with your health care provider honestly regarding your pain and your concerns about your pain. You also have the responsibility to adhere to the prescribed treatment plan and medical restrictions. It is your responsibility to keep your provider informed of both positive and negative changes in your condition to assure timely follow up.
10. You have the right to receive prescribed medications and treatments in a timely manner, consistent with the recommendations of the prescribing health care provider.	10. You have the responsibility to be honest with your health care provider(s), to comply with prescribed treatments and follow prescription orders. You also have the responsibility not to provide any other person your medication or other prescribed item.
11. You have the right to be provided healthy and nutritious food. You have the right to instruction regarding a healthy diet.	11. You have the responsibility to eat healthy and not abuse or waste food or drink.
12. You have the right to request a routine physical examination, as defined by Bureau of Prisons' Policy. (If you are under the age of 50, once every three years; if over the age of 50, once a year and within one year of your release).	12. You have the responsibility to notify medical staff that you wish to have an examination.
13. You have the right to dental care as defined in Bureau of Prisons' Policy to include preventative services, emergency care and routine care.	13. You have the responsibility to maintain your oral hygiene and health.
14. You have the right to a safe, clean and healthy environment, including smoke-free living areas.	14. You have the responsibility to maintain the cleanliness of personal and common areas and safety in consideration of others. You have the responsibility to follow smoking regulations.
15. You have the right to refuse medical treatment in accordance with Bureau of Prisons' Policy. Refusal of certain diagnostic tests for infectious diseases can result in administrative action against you. You have the right to be counseled regarding the possible ill-effects of refusing medical treatment.	15. You have the responsibility to notify health services regarding any ill-effects that occur as a result of your refusal. You also accept the responsibility to sign the treatment refusal form.

General Questions

If you have any questions about the level or type of medical care received at this facility, you

may submit an Inmate Request to Staff. You may also direct your questions to the CD, HSA, or AHSA, or submit a grievance thru the Administrative Remedy Process.

Public Notice

FCC Petersburg is accredited by the Accreditation Association for Ambulatory Health Care (AAAHC). AAAHC accreditation means that the organization participates in on-going self-evaluation, peer review, and education to continuously improve its care and services.

The organization also commits to a thorough, on-site survey by AAAHC surveyors, who are themselves health care professionals, at least every three years.

If a concern regarding such matters cannot be resolved through the established processes, you may send correspondence to the following address: Accreditation Association for Ambulatory Health Care; 5250 Old Orchard Road, Suite 200; Skokie, IL 60077.

INMATE SERVICES

Commissary

The Federal Bureau of Prisons maintains inmates' monies (Deposit Fund) while incarcerated. The purpose of the Deposit Fund is to provide inmates the privilege of obtaining merchandise and services either not provided by the Bureau or a different quality than that provided by the Bureau. An inmate may use funds in their account to purchase items at the institution commissary, place funds on their inmate phone account, purchase TRU-Units for their TRULINCS account, or send funds by creating a BP-199. Inmates may not be in possession of money at FCC Petersburg. Upon release, an inmate will receive or have mailed home all remaining funds in his account. More information regarding Release Funds is outlined in the Financial Management Section.

Commissary sales are conducted Monday through Thursday. The shopping rotation and times are posted on the inmate bulletin boards. It is the inmate's responsibility to know the amount of money available in his account. Inmates may verify their account balances by utilizing the TRULINCS or the inmate telephone (118+PAC).

NOTE: Inmates must have their identification card in their possession at all times for identification purposes.

Deposit Fund

Deposits to Inmate Accounts:
U.S. Postal Service

An inmate's family or friends may send funds through the mail. The funds must be mailed to the following address and in accordance with the directions provided below:

Federal Bureau of Prisons
Insert Valid Committed Inmate Name

Insert Inmate Eight-Digit Register Number
Post Office Box 474701
Des Moines, Iowa 50947-0001

The deposit must be in the form of a money order made out to the inmate's full committed name and include the inmate's register number. Effective December 1, 2007, all non-postal money orders and non-government checks processed through the National Lockbox will be placed on a 15-day hold. The Bureau of Prisons will return to the sender funds that do not have valid inmate information provided the envelope has an adequate return address. Personal checks and cash cannot be accepted for deposit. At no time will funds (i.e., money order, cash, check) be accepted thru the mail at this institution for deposit in the inmates Commissary account. All funds received in the mail will be returned to sender with instructions for forwarding funds to the National Lockbox.

The sender's name and return address must appear on the upper left-hand corner of the envelope to ensure that the funds can be returned to the sender in the event that they cannot be posted to the inmate's account. The deposit envelope must not contain any items intended for delivery to the inmate. The Bureau of Prisons will dispose of all items included with the funds.

In the event funds have been mailed but have not been received in the inmate's account and adequate time has passed for mail service to Des Moines, Iowa, the sender must initiate a tracer with the entity who sold them the money order to resolve any issues. Inmates are instructed to advise their family and friends who have inquiries on funds sent to the LockBox to call 202-307-2712 for assistance after enough time has passed for the mail to reach the LockBox. Family and friends may need to place a tracer on these funds with the originator of the negotiable instrument

Western Union Quick Collect Program

An inmate's family or friends may also send inmates funds through Western Union's Quick Collect Program. All funds sent via Western Union's Quick Collect will be posted to the inmate's account within two to four hours, when those funds are sent between 7:00 a.m. and 9:00 p.m. EST (seven days per week, including holidays). Funds received after 9:00 p.m. EST will be posted by 7:00 a.m. EST the following morning. Funds sent to an inmate through the Quick Collect Program may be sent via one of the following ways:

- 1) At an agent location with cash: The inmate's family or friends must complete a Quick Collect to find the nearest agent, they may call 1-800-325-6000 or go to www.westernunion.com.
- 2) By phone using a credit/debit card: The inmate's family or friends may simply call 1-800-634-3422 and press option 2.
- 3) ONLINE using a credit/debit card: The inmate's family and friends may go to www.westernunion.com and select "Quick Collect."

- For each Western Union Quick Collect transaction, the following information must be provided:
 - 1) Valid Inmate Eight-Digit Register Number (entered with no spaces or dashes) followed immediately by Inmate's Last Name
 - 2) Committed Inmate Full Name entered on Attention Line

3) Code City: FBOP, DC

- Please note that the inmate's committed name and eight-digit register number must be entered correctly. If the sender does not provide the correct information, the transaction cannot be completed. The Code City is always FBOP, DC.
- Each transaction is accepted or rejected at the point of sale. The sender has the sole responsibility of sending the funds to the correct inmate. If an incorrect register number and/or name are used and accepted and posted to that inmate, funds may not be returned.

Commissary Fund Withdrawals

Requests for Withdrawal of Inmate Personal Funds, BP-199 forms, will be processed weekly by Trust Fund, Inmate Accounts. Withdrawals are initiated in TRULINCS, Send Funds (BP-199) by the inmate. When the BP-199 is printed it must be signed by the inmate in staff presence and hand delivered. The Supervisor of Education approves withdrawal requests for correspondence courses and materials for approved education programs. Unit Managers will approve all other withdrawal requests. Only an Associate Warden can approve inmate contributions to recognized charities and withdrawals exceeding \$500.00.

Account Inquiries

Account inquiries may be made through the Inmate Phones or TRULINCS. In addition, requests can be made by submitting a BP-148 (Inmate Request to Staff) to Unit staff (open house) or Financial Management.

Spending Limitations

Every other week inmates may spend up to an established limit for regular purchases of \$180.00. Each account is validated biweekly, and the spending limit begins all over again. The validation dates are the first and the fifteenth of every month. If you are on FRP refusal, you will have a monthly revalidation period. To determine your validation date, you multiply your fifth number of your registration number by three plus one. For example, if your fifth number is 5, your validation date will be the 16th of every month ($5 \times 3 + 1$). This system enables spending activities to be equitable among all inmates in the institution.

Laundry and Clothing Operation

The hours of the Laundry facility are posted on the Inmate Bulletin Board via Trulincs.

Inmate Telephone System

1. Inmates must add their contacts in TRULINCS and may place up to thirty phone numbers on their account.
2. Phone Access Codes (PAC) are not to be shared and must be kept confidential. Replacement numbers will not be given until a BP-199 payable to US Treasury for \$5.00 is processed.
3. Phone credits are transferred from your commissary account to your telephone account by dialing 118 + your PAC number and following the directions on the phone. You can check your

commissary balance by pressing #1, phone balance by pressing # 2 and transfer funds by pressing #3. Inmates are restricted to 300 minutes calling per month. This is combined collect and debit calling. Your 300 minutes are reset based on your fifth number of your register number multiplied by three plus one. This is your validation date. If your fifth number is three you would validate on the tenth day of the month ($3 \times 3 + 1 = 10$).

4. Inmates are not permitted to use or possess another inmate's PAC Number or make three-way calls, conference calls or use phone cards. The use of Call Forwarding Services is prohibited. Any phone abuse or misuse may result in disciplinary actions and loss of phone privileges.

5. Inmates will be required to register on the Inmate Telephone System utilizing the V-Pin feature prior to making phone calls. V-PIN is an added security feature that uses a sample of your voice, which will be collected when you state your name during the registration process. This feature will ensure that you will be the only person who can utilize your Phone Access Code and should alleviate the chance of another inmate accessing your account. Any inmate not registered will need to notify staff to be assisted in the registration process.

Hours for telephone operations will be as follows: Unit phones will be available from 4:30 p.m. to 11:30 p.m., each evening (except 30 minutes to an hour before or during count time). Phones will also be available from 6:00 a.m. to 4:00 p.m., on weekends and holidays (except 30 minutes to an hour before or during count time). During daytime hours Monday through Friday, one unit phone will be available for inmates assigned to work the p.m. shift, inmates on their regularly scheduled day-off and inmates on vacation. The appropriate inmates may use these telephones on a first come, first serve basis, from 7:30 a.m. to 10:30 a.m. and from 12:30 p.m. to 4:30 p.m. (except 30 minutes to an hour before or during count time). Unit phones will be available from 10:30 a.m. to 12:30 p.m., Monday through Friday, for use by all inmates.

TRULINCS

Inmates will access TRULINCS by entering their register number without the hyphen, Phone Access Code (PAC), Personal Identification Number (PIN) within the 30 second timeframe. TRULINCS accounts are not to be shared and must be kept confidential.

Inmates are able to perform the following:

- | | |
|---|---------------------------------|
| -Purchase TRU-Units | -Telephone Number List (30) |
| -Public Messaging (E-Mail) | -Portal Mailing List for Labels |
| -View Account Transactions | -Print Services |
| -Send Funds (BP-199s) | -Electronic Law Library |
| -Contact List Management (100 Total Contacts) | -Inmate to Staff Messaging |
| -E-Mail List (30) | -View Local Documents |

PSYCHOLOGY

Limits of Confidentiality

Your psychologist respects the privacy of your personal information.

- However, information in your psychology records is not entirely confidential.
- You should understand the limits of confidentiality so you can decide what you choose to tell your psychologist.

Your psychologist is required to share information if:

- Your psychologist believes you may be a danger to yourself.
- Your records include information that indicates a threat to the security of the institution or the safety of staff, inmates, or the general public.

Psychology Services may share basic mental health information about inmates with BOP staff on a need-to-know basis.

- Specifically, your psychologist is required to ensure institution staff are made aware of inmates with serious mental illnesses, risk of suicide, and/or risk of sexual predation or victimization.

Information from psychology records can be released to a law enforcement entity with a need to know (e.g., Bureau attorney, U.S. Department of Justice employee, U.S. Probation Officer, or other law enforcement personnel). If you have any questions about the limits of confidentiality, ask your psychologist.

All inmates will be screened by a psychologist during the institution's admission and orientation program. The screening will include a self-report form, which may be followed by an individual interview. If there is a determined need, services are offered in the areas of substance abuse treatment as well as other behavioral or emotional problems. Also, waiting lists are maintained for FSA groups. Be advised that Psychology Services does not offer every possible FSA group. Available programming is posted outside of Psychology Services, on unit bulletin boards and/or on TRULINCS. Inmates interested in services may submit a request to Psychology Services, or talk to a member of the department in the dining hall weekdays during mainline.

Suicide Prevention

It is not uncommon for people to experience depression and hopelessness while in prison, especially if they are newly arrested, facing a long sentence, experiencing family problems, having difficulty getting along with other inmates, or if they receive bad news. Sometimes, inmates consider committing suicide due to all of the pressure. But, help is available.

Staff are trained to monitor inmates for signs of suicide and to refer inmates to the Psychology

Services Department for help. However, staff do not always see what inmates see. If you are personally experiencing any of the problems noted above, or if you or another inmate are showing signs of depression (sadness, tearfulness, lack of enjoyment in usual activities), withdrawal (staying away from others, reducing phone calls and/or visits) or hopelessness (giving away possessions, feeling as if there is nothing to live for), PLEASE alert a staff member right away.

You *can* save a life!

Sex Offender Management Program

The Sex Offender Management Program (SOMP) at FCC Petersburg was established to assist in effectively managing the Bureau of Prisons' population of offenders with sex offense histories, regardless of whether the sexual offense behavior is associated with the inmate's current offense. SOMP typically involve assessment/evaluation, treatment, and monitoring/managing components. The assessment/evaluation component of SOMP is non-voluntary. Assessment of recidivism risk will be completed for all inmates with a sexual offending history prior to their release. Sex offender treatment is a voluntary component of SOMP. Inmates interested in SOMP treatment should contact SOMP staff to discuss their interest. The monitoring/management component of SOMP is non-voluntary. Inmates with a sex offense history, who also engage in risk relevant behavior while incarcerated, may be subject to the development of a Correctional Management Plan (CMP).

CMPs may impose relevant restrictions in the interest of ensuring the good order, discipline and security of the institution, and/or to protect the public. Risk relevant information obtained from inmates, or obtained about inmates during the course of their incarceration, is not considered to be confidential.

Risk relevant information obtained during an inmate's incarceration may be documented in an inmate's Psychology record, and reviewed in association with formal evaluation procedures utilized in the determination of whether an individual meets criteria for designation as a Sexually Dangerous Person, pursuant to the Adam Walsh Child Protection and Safety Act of 2006.

Residential Drug Abuse Program (RDAP)

The RDAP is nine months of intensive treatment, for inmates who meet the diagnostic criteria for a substance use disorder. It follows a modified therapeutic community model which seeks cooperation and self-disclosure from community members. Qualified participants enter the program based on the projected release date. Inmates interested in participating are interviewed typically between 24 to 36 months from their projected release date. New groups begin approximately every 3 to 4 months. Inmates who successfully complete the 500-hour residential portion of the program shall be recommended for 6 months of RRC placement. To address any concerns, you may submit an Inmate Request to Staff or attend weekly "Open House." All requests to staff inquiring about a treatment eligibility interview need to be submitted to the Non-Residential Treatment Specialist, during open house. Only inmates found eligible to participate in RDAP will have their legal record reviewed by Central Office to determine if they will receive early release (i.e., 3621e) for their participation in the program.

Sexual Abuse/Harassment

The Bureau of Prisons has a zero tolerance toward all forms of sexual activity, including sexual abuse and sexual harassment. The below guidelines address Sexual Abuse/Harassment including prohibited and/or illegal sexually abusive behavior involving:

- Inmate perpetrator against staff victim.
- Inmate perpetrator against inmate victim.
- Staff perpetrator against inmate victim.

Sexually Abusive Behavior Prevention Intervention

You Have the Right to be Safe from Sexually Abusive Behavior or Harassment. While you are incarcerated, no one has the right to pressure you to engage in sexual acts.

You do not have to tolerate sexually abusive behavior or pressure to engage in unwanted sexual behavior from another inmate or a staff member. Regardless of your age, size, race, ethnicity, gender or sexual orientation, you have the right to be safe from sexually abusive behavior.

What Can You Do To Prevent Victimization of Sexually Abusive Behavior/Harassment?

Here are some things you can do to protect yourself and others against sexually abusive Behavior/Harassment:

Carry yourself in a confident manner at all times. Do not permit your emotions (fear/anxiety) to be obvious to others.

- 1) Do not accept gifts or favors from others. Most gifts or favors come with strings attached to them.
- 2) Do not accept an offer from another inmate to be your protector.
- 3) Find a staff member with whom you feel comfortable discussing your fears and concerns.
- 4) Be alert! Do not use contraband substances such as drugs or alcohol; these can weaken your ability to stay alert and make good judgments.
- 5) Be direct and firm if others ask you to do something you don't want to do. Do not give mixed messages to other inmates regarding your wishes for sexual activity.
- 6) Stay in well-lit areas of the institution.
- 7) Choose your associates wisely. Look for people who are involved in positive activities like educational programs, psychology groups, or religious services. Get involved in these activities yourself.
- 8) Trust your instincts. If you sense that a situation may be dangerous, it probably is. If you fear for your safety, report your concerns to staff.

Sexual Misconduct (staff only): the use of indecent sexual language, gestures, or sexually oriented visual surveillance for the purpose of sexual gratification.

An incident is considered Inmate-on-Inmate Abuse/Assault when any sexually abusive behavior occurs between two or more inmates.

An incident is considered Staff-on-Inmate Abuse/Assault when any sexually abusive behavior is

initiated by a staff member toward one or more inmates. It is also considered Staff-on-Inmate Abuse/Assault if a staff member willingly engages in sexual acts or contacts that are initiated by an inmate.

NOTE: Sexual acts or contacts between two or more inmates, even when no objections are raised, are prohibited acts. Sexual acts or contacts between an inmate and a staff member, even when no objections are raised by either party, are always forbidden and illegal. Inmates who have been sexual assaulted by another inmate or staff member will not be prosecuted or disciplined for reporting the assault. However, inmates will be penalized for knowingly filing any false report.

How Do You Report an Incident of Sexually Abusive Behavior or Sexual Harassment?

It is important you tell a staff member if you have been sexually assaulted or are being sexually harassed. It is equally important to inform staff if you have witnessed sexually abusive behavior or the sexual harassment of another inmate or if another inmate has alleged such behavior. You can tell your Case Manager, Chaplain, Psychologist, SIS, the Warden or any other staff member you trust.

BOP staff members are instructed to keep reported information confidential and only discuss it with the appropriate officials on a need-to-know basis concerning the inmate-victim's welfare and for law enforcement or investigative purposes. If you are not comfortable talking with staff, there are other means to confidentially report sexually abusive behavior or harassment of oneself or of another inmate, or allegations of such behavior. Those methods of reporting are listed in the paragraphs below.

Write directly to the Warden, Regional Director or Director. You can send the Warden an Inmate Request to Staff or a letter reporting the sexually abusive behavior/harassment. You may also send a letter to the Regional Director or Director of the Bureau of Prisons. To ensure confidentiality, the use of special mail procedures is recommended.

File an Administrative Remedy. You can file a Request for Administrative Remedy (BP-9). If you determine your complaint is too sensitive to file with the Warden, you have the opportunity to file your administrative remedy directly with the Regional Director (BP-10). You can get the forms from your Correctional Counselor or other unit staff.

Write the Office of the Inspector General (OIG) which investigates allegations of staff misconduct. OIG is a component of the Department of Justice and is not a part of the Bureau of Prisons. The address is:

Office of the Inspector General
P. O. Box 27606
Washington, D.C. 20530

Understanding the Investigative Process

Once the sexually abusive behavior is reported, the BOP and/or other appropriate law

enforcement agencies will conduct an investigation.

The purpose of the investigation is to determine the nature and scope of the abusive behavior. You may be asked to give a statement during the investigation. If criminal charges are brought, you may be asked to testify during the criminal proceedings.

Counseling Programs for Victims of Sexually Abusive Behavior

Most people need help to recover from the emotional effects of sexually abusive behavior. If you are the victim of sexually abusive behavior, whether recent or in the past, you may seek counseling and/or advice from a Psychologist or Chaplain. Crisis counseling, coping skills, suicide prevention, mental health counseling, and spiritual counseling are all available to you through a local counseling service provided by The James House. The James House 24 hour hot line is (804) 458-2840.

Monitoring against retaliation

The Institution PREA Compliance Manager is the Associate Warden with oversight of Psychology Department monitors staff and inmates who have reported sexual abuse allegations to protect them from retaliation for 90 days. However, if the initial monitoring indicates a continuing need, periodic status checks occur.

Management Program for Inmate Assailants

Anyone who sexually abuses/assaults others while in the custody of the BOP will be disciplined and prosecuted to the fullest extent of the law. If you are an inmate assailant, you will be referred to Correctional Services for monitoring. You will be referred to Psychology Services for an assessment of risk and treatment and management needs.

Treatment compliance or refusal will be documented and decisions regarding your conditions of confinement and release may be effected. If you feel that you need help to keep from engaging in sexually abusive behaviors, psychological services are available.

Policy Definitions

Prohibited Acts: Inmates who engage in inappropriate sexual behavior can be charged with the following Prohibited Acts under the Inmate Disciplinary Policy:

Code 101/(A): Sexual Assault

Code 205/(A): Engaging in a Sex Act

Code 206/(A): Making a Sexual Proposal

Code 221/(A): Being in an Unauthorized Area with a Member of the Opposite Sex

Code 229/(A): Sexual assault of any person, involving non-consensual touching without force or threat of force.

Code 300/(A): Indecent Exposure

Code 404/(A): Using Abusive or Obscene Language

Staff Misconduct: The Standards of Employee Conduct prohibit employees from engaging in, or allowing another person to engage in sexual, indecent, profane or abusive language or gestures,

and inappropriate visual surveillance of inmates. Influencing, promising or threatening an inmate's safety, custody, privacy, housing, privileges, work detail or program status in exchange for sexual favors is also prohibited.

What is sexually abusive behavior? According to federal law (Prison Rape Elimination Act of 2003) sexually abusive behavior is defined as:

Rape; the carnal knowledge, oral sodomy, or sexual assault with an object or sexual fondling of a person FORCIBLY or against that person's will; the carnal knowledge, oral sodomy, or sexual assault with an object or sexual fondling of a person not forcibly or against the person's will, where the victim is incapable of giving consent because of his/her youth or his/her temporary or permanent mental or physical incapacity; or the carnal knowledge, oral sodomy, or sexual assault with an object or sexual fondling of a person achieved through the exploitation of the fear or threat of physical violence or bodily injury.

Carnal Knowledge: contact between the penis and vulva or the penis and the anus, including penetration of any sort, however slight.

Oral Sodomy: contact between the mouth and the penis, the mouth and the vulva, or the mouth and the anus.

Sexual Assault with an Object: the use of any hand, finger, object, or other instrument to penetrate, however slightly, the genital or anal opening of the body of another person (NOTE: This does NOT apply to custodial or medical personnel engaged in evidence gathering or legitimate medical treatment, nor to health care provider's performing body cavity searches in order to maintain security and safety within the prison).

Sexual Fondling: the touching of the private body parts of another person (including the genitalia, anus, groin, breast, inner thigh, or buttocks) for the purpose of sexual gratification.

What Can You Do if You Are Afraid or Feel Threatened?

If you are afraid or feel you are being threatened or pressured to engage in sexual behaviors, you should discuss your concerns with staff. Because this can be a difficult topic to discuss, some staff, like psychologists, are specially trained to help you deal with problems in this area.

What is Sexual Harassment? According to federal law (Prison Rape Elimination Act of 2003) sexual harassment behavior is defined as:

(1) Repeated and unwelcome sexual advances, requests for sexual favors, or verbal comments, gestures, or actions of a derogatory or offensive sexual nature by one inmate, detainee, or resident directed toward another; and (2) Repeated verbal comments or gestures of a sexual nature to an inmate, detainee, or resident by a staff member, contractor, or volunteer, including demeaning references to gender, sexually suggestive or derogatory comments about body or clothing, or obscene language or gestures.

Voyeurism by a staff member, contractor, or volunteer means an invasion of privacy of an inmate, detainee, or resident by staff for reasons unrelated to official duties, such as peering at an

inmate who is using a toilet in his or her cell to perform bodily functions; requiring an inmate to expose his or her buttocks, genitals, or breasts; or taking images of all or part of an inmate's naked body or of an inmate performing bodily functions.

If you feel immediately threatened, approach any staff member and ask for assistance. It is part of his/her job to ensure your safety. If it is a staff member that is threatening you, report your concerns immediately to another staff member you trust, or follow the procedures for making a confidential report.

What Can You Do if You Are Sexually Assaulted?

If you become a victim of a sexually abusive behavior or are sexually assaulted, you should report it immediately to staff who will offer you protection from the assailant. You do not have to name the inmate(s) or staff assailant(s) in order to receive assistance, but specific information may make it easier for staff to know how best to respond. You will continue to receive protection from the assailant, whether or not you have agreed to testify against him/her.

After reporting any sexual assault, you will be referred immediately for a medical examination and clinical assessment. Even though you may want to clean up after the assault it is important to see medical staff BEFORE you shower, wash, drink, eat, change clothing, or use the bathroom. Medical staff will examine you for injuries which may or may not be readily apparent to you. They can also check you for sexually transmitted diseases, pregnancy, if appropriate, and gather any physical evidence of assault. The individuals who sexually abuse or assault inmates can only be disciplined and/or prosecuted if the abuse is reported. Regardless of whether your assailant is an inmate or a staff member, it is important to understand that you will never be disciplined or prosecuted for being the victim of a sexual assault.

Notice to Inmates

Both male and female staff routinely work and visit inmate housing areas. This information is posted in all housing units and program areas. Additionally, an announcement is made at the beginning of each shift to remind inmates that both male and female staff work in the area.

RECREATION

Recreation is considered an essential part of the overall mission. Our recreation leisure time programs are designed to achieve the following objectives:

1. Build morale
2. Provide for constructive use of leisure time
3. Promote physical fitness and healthy lifestyles
4. Introduce new ideas and behavior patterns
5. Provide a guide to community life through highly structured programs

Hours of Operation

The Recreation department will open at 6:30am. The hours of operation for each individual facility and/or programming area will be posted on bulletin boards located in that area. Due to COVID-19 precautions inmate access to Recreation area/equipment will vary based on the current COVID-19 Phase and/or Modified Movement Plan. See current Modified Movement Plan memo posted on bulletin boards located in the units or TRULINCS.

Facilities

We have the following facilities: gymnasium, outdoor weightlifting pavilion, athletic fields, handball and racquetball courts, tennis court, bocce ball court, and walking track area.

Leisure Programs & Intramural Leagues

The recreation programs located at FCC Petersburg offers both structured and leisure time activities. Additionally, the department offers organized intramural leagues throughout the calendar year to include the following sports: soccer, handball, volleyball, softball, basketball, and flag football. All intramural teams are organized according to housing units.

We offer additional programs in the following areas: institutional movie program, inmate photo program, band & music program, as well as structured activities on recognized federal holidays, and various other programs.

Wellness Program

The wellness programs include the following activities such as walking program, fitness classes, wellness classes, and body fat composition. We also offer varies wellness courses under the First Step Act.

Hobby Craft Program

The hobby craft programs include the following activities such as drawing, painting, leather craft kits, crochet, and cross-stitch. All completed projects will be mailed home through the Recreation Department. Inmates will store all hobby shop raw materials in lockers provided in the hobby shop. Participants must purchase a combination lock from the Commissary to place on their art and hobby craft locker. Sharing of hobby craft materials or a locker with another inmate is prohibited. All projects must be disposed of or mailed home within thirty days after completion. Art and hobby craft items will be mailed at the inmate's expense to immediate family members or approved visitors only. Sales of art or hobby craft items are prohibited at the Complex. Inmates are not allowed to have completed projects in their living areas.

General Information

Athletic and music equipment is prohibited as personal property and cannot be retained by inmates. These items will be provided by and maintained in the Recreation Department. Inmates may purchase playing cards through the commissary. All other table games and supplies will be made available through the Recreation Department. In closing, the Recreation Department is committed to providing a wide variety of programs to meet the diverse needs of the inmate population located here at the Federal Correctional Complex, Petersburg Virginia.

RELIGIOUS SERVICES DEPARTMENT

It is the mission of the Religious Services Department, FCC Petersburg, to provide inmates of all Religious faiths with adequate and equitable opportunities to pursue individual religious beliefs and practices within the parameters of budgetary limitations and the secure and orderly operation of the institution. The Chaplains are committed to high standards of professionalism and to the development, implementation and periodic evaluation of inmate religious programs.

The Chaplains dedicated to being available to provide pastoral care as needed. Our mission is inspired and lived out by the following goals:

1. Provide pastoral care with sensitivity, approachability and availability to inmates and staff.
2. Ensure impartial religious leadership to meet the diversity of different faith groups.
3. Provide necessary management through administrative techniques.
4. Communicate the mission and goals of the department.

Religious Communities/Programs

- | | | |
|---------------------|---------------------|---------------------------|
| 1. Asatru/Odinist | 9. Mormon | 17. Seventh Day Adventist |
| 2. Buddhist | 10. Nation of Islam | 18. Muslim |
| 3. Catholic | 11. Native American | 19. Spanish Protestant |
| 4. Messianic | 12. Orthodox | 20. Wicca |
| 5. Hebrew Israelite | 13. Pentecostal | 21. Hindu |
| 6. Jehovah Witness | 14. Protestant | 22. Pagan |
| 7. Jewish | 15. Rastafarian | 23. Bahai |
| 8. Moorish Science | 16. Santeria | 24. Sikh |

Re-entry Programs

Life Connection/ Thresholds Programs - These are the re-entry programs offered at the Complex. If you are interested please see a Chaplain for more information.

Embracing Interfaith Cooperation/Houses of Healing – These are the **First Step Act** (FSA) programs offered at the Complex. If you qualify and are interested please see a chaplain for more information.

Staff chaplains, contract employees, and volunteers are available to represent the various inmate faith communities. Information concerning religious issues, programs or activities are discussed during orientation by the chaplains. A weekly schedule of activities are posted in all units and departments throughout the institution. If your faith group is not listed on the Religious Services weekly schedule, then please submit a Request to Staff and directed to the Chaplain.

Congregational prayer by any faith group is ONLY authorized in the Chapel. In this instance, congregational prayer is any prayer involving more than two persons. Congregational prayer is not authorized in education, recreation, work details, or the housing units.

UNICOR

The Federal Correctional Complex, Petersburg (Medium) houses the Distribution Center which

became operational in January 2004 and Pro-Mail which began early March 2004. Pro-Mail is an internet program. The system communicates the status of Inventory and tracks the status of production orders and allows Agencies to monitor when material has been shipped from our location and the mode of transportation of the shipment. FCC Petersburg Distribution Center also receives, sorts, and repackages at least 48 different styles of clothing hangers for a private vendor. In addition, the Distribution Center assembles toiletry kits (administrative kits), for inmates as well as for other government agencies. The factory is also responsible for the Inmate Boot Program.

The Federal Correctional Complex, Petersburg (Low) houses the UNICOR Print Plant. The Print Plant operates a full service printer for the United States Federal Government. The Print Plant produces a variety of printings ranging from single color QA tags to four-color process brochures, and everything in between. UNICOR prints for a broad range of Federal Agencies.

The grade and compensation rates are as follows:

Grade	Compensation Rate
1	\$1.15
2	\$0.92
3	\$0.69
4	\$0.46
5	\$0.23

A portion of the distribution center is paid using a group piece rate, based on the overall production of a Table. Also, premium pay is authorized for inmates who need the selection criteria. Premium pay is an additional \$0.20 per hour.

Inmates from the Camp and Medium are to report to their Unit team and get an application. The inmate fills out the top portion of the application. The inmate gives it back to his unit team. The unit team verifies all information provided from the inmate and answers all the questions that need to be answered by the unit team. Once the unit team verifies all information ...he/she emails it to any representative in UNICOR or places the application in the AW office UNICOR box. At no time do UNICOR accepts or give out applications by hand. The UNICOR waiting list will be Posted in TRU-Links for the Medium Institution and will be available for review from the UNICOR Representative each day at Mainline for the Noon Meal at the Low Institution.

Inmates from the Low will be given an Application to work in UNICOR, during the A & O Lecture. If the Inmate had not received an application during A & O, an application can be request from the UNICOR representative at Mainline at the Noon Meal, if the Inmate has already attended A & O. This application can be turned in to the UNICOR representative during mainline at the Noon Meal. UNICOR staff will place the inmate on the UNICOR waiting list based on certain criteria. The criteria are divided into five categories.

1. First Step Act Waiting List (Submit an application through unit team)
2. Within 36 months of release, if No Prior UNICOR.

3. Veterans of the U.S. Military who were honorable discharges
4. Prior UNICOR Employment
5. Financial Obligations (FRP)
6. Inmates who do not qualify for one of the other lists (General)

UNICOR Staff are available daily at the dining hall during the noon meal, for inmates to review their status and placement on the waiting list.

UNIT MANAGEMENT

Unit Team is a management concept used by the Federal Bureau of Prisons to place staff in direct proximity to inmates assigned to their unit. Each unit team includes a Unit Manager, Case Manager, Correctional Counselor, Secretary, and a Unit Officer. A Psychologist and an Education Advisor are also available. The unit team staff offices are ordinarily located in the inmate's respective living unit so staff and inmates can be accessible to each other. The unit team is available to help with planning, developing, and coordinating individual programs tailored to meet the needs of each inmate. The unit team will also assist the inmate with parole matters, release planning, personal and family problems, and counseling.

A member of the unit team will be at the institution weekdays from 7:30 a.m. to 7:00 p.m., and during the day on weekends and holidays. The Unit Team's work schedule is posted on the unit bulletin board. The work schedule ensures a team member is available at times when inmates are not at work.

Each inmate will be initially classified by members of their respective unit team within 28 days of arrival to the institution. After initial classification, Program Review meetings will be scheduled by the unit team every 90 to 180 days depending on the amount of time remaining on an inmate's sentence. At initial classification your education level/needs will be evaluated and program goals will be established. At regular program reviews, educational enrollment, participation and progress will be examined in recommended programs, release plans will be discussed and other pertinent information concerning your sentence, work assignment and security level will be reviewed. If an inmate has problems or matters of interest, he may address these concerns to unit team staff during these meetings.

Town Hall meetings are held periodically by the unit team staff to encourage communication. Discussions regarding changes in policies and procedures will be conducted. You are encouraged to ask pertinent questions. Your questions should pertain to the unit as a whole rather than personal questions or problems.

Treaty Transfer for Non-US Inmates

Inmates who are not U.S. citizens may be eligible for a transfer to their home country to serve the remainder of their sentence. This is possible for inmates whose country has a formal prisoner exchange treaty agreement with the United States and who have not been convicted of an immigration offense.

The unit team will provide information about these transfers and will inform an inmate if their home country has a formal exchange treaty with the United States.

Release Planning

The Release Preparation Program's (RPP) is designed to prepare each inmate to re-enter the community successfully and particularly, the work force. Inmates will be given aid in developing plans for their personal lives and work. These programs offer classes and information seminars concerning the personal, social, and legal responsibilities of civilian life. Quarterly scheduled information sessions with U. S. Probation Officers, halfway house representative and other agencies are presented. Participation begins 30 months prior to release. The program includes completion of one class in each of the following areas: health, employment, community resources, personal growth and development, personal finance, and release requirements.

Inmates who refuse to complete any course within the core curriculum recommended by the unit team will be considered as refusing program participation. Accordingly, any inmate who refuses to participate in the Release Preparation Program will ordinarily be recommended for the minimum time in a community based programs (i.e. Residential Re-entry Center placement).

Residential Re-Entry Center (RRC) placement

Residential Re-entry Centers, commonly referred to as "halfway houses", provide suitable residence, structured programs, job placement, and counseling, while the inmates' activities are closely monitored.

An inmate's case is reviewed for consideration for placement in a Residential Re-entry Center Placement 17-19 months prior to their release date. Once the release address is approved, the RRC referral packet must be submitted no less than 60 days prior to the requested RRC placement date.

Inmate Financial Responsibility Program

The Federal Bureau of Prisons works closely with the Administrative Office of the Courts and the Department of Justice. The Bureau administers a systematic payment program for court imposed fines, fees, and costs. All designated inmates are encouraged to develop a financial plan to meet their financial obligations. These obligations may include: special assessments imposed under 18 USC 3013, court ordered restitution, fines and court costs, judgments in favor of the U.S., other debts owed the federal government, and other court ordered obligations (e.g., child support, alimony, other judgments).

Unit team staff are available to assist the inmate with financial planning, but the inmate is responsible for making all payments required, either from earnings within the institution, or from outside resources. The inmate must provide documentation of compliance and payment to the Unit Team. If an inmate refuses to meet his obligations, the inmate cannot work in UNICOR, and can only receive maintenance pay of \$5.25 per month.

The status of any financial plan will be included in all progress reports, and will be considered by

staff when determining security/custody level, job assignments, eligibility for community activities, and institution programs. The U.S. Parole Commission will also review financial responsibility progress at parole hearings.

Any inmate in encumbered status due to receiving an incident report will be allotted funds to make their scheduled FRP payments. Encumbered inmates are allotted \$6.00 per month for toiletries and postage stamps. Every month Unit Managers will contact Trust fund and advise them of their inmates who are encumbered with FRP contracts. Trust fund will increase the allowable spending amount to accommodate the FRP payment plus the \$6.00. The increase in funds is only for the purpose of making the FRP payment. If an inmate spends any amount of money allotted for FRP and misses the scheduled FRP payment, they will be placed in FRP REFUSED and 100% encumbrance will go into effect.

Work Assignments

All inmates are expected to maintain a regular work assignment. Work assignments are controlled through the performance pay system, which provides monetary payment for work within the institution or at Federal Prison Industries (UNICOR). After you complete the Institution A&O program, you are eligible for a job assignment.

Inmates will usually be assigned to an institution maintenance work details as their first work assignment. These work details include assignments in Food Service, Mechanical Services, or as a Unit Orderly. Work assignments are made by the unit counselors. Inmates can request change to work assignments every 90 days. An Inmate Request to Staff Member requesting a job change must be approved by the inmate's current detail supervisor and the detail supervisor in which the inmate want to change to. This form is then turned in to the unit counselor. All work assignments and changes are noted on the daily change sheet posted on the unit bulletin board. Inmates are only permitted to work at a job assigned for no more than one year.

Marriages

If an inmate wishes to be married while incarcerated, the Warden may authorize him to do so, under certain conditions. All expenses of the marriage will be paid by the inmate. Government funds may not be used for marriage expenses. Further guidance can be found in PS 5326.05 Marriages of Inmates.

Intake Screening

Upon an inmate's arrival at an institution, Unit Management, Health Services and Psychology staff will screen the inmate for suitable placement within the institution.

Dress Code / Sanitation

- 1** Other than approved religious headgear, hats will not be worn while indoors.
- 2** Hats and non-prescription sunglasses must be taken-off prior to entering a building.
- 3** Radio headsets, earpieces, or ear-buds are only permitted in the housing units or in recreation. These items are not permitted to be worn in any other building, work details or while going to or returning from recreation.
- 4** "Worn" includes on the ears, on the head, or around the neck.

- 5** These dress codes are in effect both on the compound and in the dining hall.
- 6** Altered clothing will not be permitted and may result in an incident report.

During work hours

Work hours are Monday thru Friday, between 6:00 a.m. and 4:00 p.m.

All inmates will be in the proper uniform; institution issued pants, shirt, belt, and shoes with see through soles “jellies”. (Medium & Low will be in khaki, Camp will be in green). The uniform will be maintained in a neat and professional manner, with shirt tucked in and pants around the waistline. Wearing of pants below the waistline or leaving the shirt un-tucked may result in disciplinary action. Inmates will be notified of any changes to the dress code via TRULINCS. During work hours, sweatshirts, sweatpants, thermal top/bottoms will be worn under the khaki uniform, not over. During work hours, the exceptions are; to & from the recreation yard

After Work Hours and Weekends

After hours is 4:00 p.m. to 6 am the following day.

Weekend starts Friday at 4 p.m. and ends Monday at 6:00 a.m.

It is each inmate’s responsibility to check his living area immediately after being assigned there and to report all damage to the Correctional Officer, Correctional Counselor, Unit Manager, or Case Manager. An inmate may be held financially liable for any damage to his personal living area.

Each inmate is responsible for making his bed in accordance with regulations before work call (including weekends and holidays). Each inmate is also responsible for sweeping and mopping his personal living area, to insure it is clean and sanitary. Lockers must be neatly arranged inside and out, and all shelving must be neat and clean. No personal items may be adhered to walls, lockers, under beds, or to the ceiling. Cell windows may not be covered at any time.

Unit orderlies are responsible for the unit sanitation. However, everyone is responsible to clean up after themselves. Inmates may be assigned cleaning tasks in the unit during off duty hours if the need arises.

Showers are available every day, but inmates may not be in the shower during an official count. Food service workers and others with irregular work shifts may shower during the day as long as showering does not interfere with the cleaning of the unit. One shower will be available for use during the day.

First Step Act, Programs Guide / Federal Time Credit

The First Step Act (FSA)_Approved Programs Guide is a collection of the Bureau’s robust reentry programs, designed to ensure all sentenced inmates have the skills necessary to succeed upon release. The approved programs are standardized across institutions, described in the Bureau’s national policies, implemented with dedicated resources, and regularly reviewed to ensure program fidelity. Standardized programs in the FSA Guide have fully developed and evaluated protocols that must be

adhered to as written.

The FSA of 2018 created two different categories of programs highlighted in the FSA Guide that replaces the, now obsolete, Directory of National Programs and the Inmate Model Programs Catalog. The two FSA categories include Evidence-Based recidivism Reduction (EBRR) Programs and the Productivity Activities (PA's). The FSA requires the Bureau to implement a risk and needs assessment system. Risk refers to the likelihood that each individual inmate will reoffend or recidivate after release. PATTERN calculations identify "who" is most at risk, measured as high, medium, low, or minimum risk or recidivism. Needs refer to the specific areas an inmate can address to lower his/her risk. In other words, need indicates "what" issues affect an inmate's risk and what he/she should address by taking programs.

The Bureau assesses needs in 13 areas that directly impact one's ability to live a healthy and productive life. Specifically, these areas are Anger/Hostility, Antisocial Peers, Cognitions, Dyslexia, education, Family/Parenting, Finance/Poverty, Medical, Mental Health, Recreation/Leisure/Fitness, Substance Use, Trauma, and Work. Inmates are recommended to enroll in the approved programs designed to address their individual needs.

As outlined in the FSA, eligible inmates are required to earn First Step Time Credits (FTC) for the COMPLETION of approved EBRR and PA's. No credits will be awarded for partial completion. Inmates may not earn FTC for a current or prior sentence for a disqualifying conviction. FTC's apply to inmates convicted in Federal District Court only. They DO NOT apply to military prisoners, state boarders, inmates convicted in DC Superior Court, or inmates with a final order of deportation.

The FSA Guide contains a program description, hours, of program credits, institution locations, needs addressed, and the responsible department(s) or staff for program delivery, (e.g. Education, Psychology, Special Population Programs Coordinator, Re-Entry Affairs Coordinator). For locations noted as "available at all BOP institutions," this means the program "can" be offered anywhere. Programs will vary based on the needs of the sentenced population of these locations. Similarly, some programs have pre-requisites or other required admissions criteria.

INMATE DISCIPLINE

It is the policy of the Bureau of Prisons to provide a safe and orderly environment for all inmates. Violations of Bureau rules and regulations are dealt with by the Unit Discipline Committee (UDC), and for more serious violations, the Discipline Hearing Officer (DHO). Inmates are advised upon arrival at the institution of the rules and regulations, and are provided with copies of the Bureau's prohibited acts, as well as local regulations.

If a staff member observes or believes he/she has evidence an inmate has committed a prohibited act, the first step in the disciplinary process is writing an incident report. This is a written copy of the charges against the inmate. The incident report shall ordinarily be delivered to the inmate within twenty-four (24) hours of the time staff become aware of the inmate's involvement in the incident or once the report is released for administrative processing following a referral for

criminal prosecution. An informal resolution of the incident may be attempted by the Correctional Supervisor or his/her designee.

Initial Hearing

Inmates must ordinarily be given an initial hearing within (5) work days of the time staff become aware of the inmate's involvement in the incident, excluding the day staff became aware of the incident, weekends, and holidays. The inmate is entitled to be present at the initial hearing. The inmate may make statements or present documentary evidence in his behalf. The UDC must give its decision in writing to the inmate by the close of business the next work day. The UDC may extend the time limits of these procedures for good cause. The Warden must approve any extension over five (5) days, and the inmate must be provided with written reasons for any extension. The UDC will either make a final disposition of the incident, or refer it to the Discipline Hearing Officer for final disposition.

Discipline Hearing Officer (DHO)

The Discipline Hearing Officer conducts disciplinary hearings on serious rule violations. The DHO may not act on a case that has not been referred by the UDC. The Captain or the SHU Lieutenant will conduct periodic reviews of inmates in the special housing unit. An inmate will be provided with advance written notice of the charges not less than 24 hours before the inmate's appearance before the DHO. The inmate may waive this requirement. He will be provided with a full-time staff member of his choice to represent him if requested. The exception is if the requested staff was involved in the incident report process (i.e., UDC member, Report Writer, Investigator, etc or any person deemed exempt by the Warden or his/her designee). He may make statements in his own defense and may produce documentary evidence. The inmate may request witnesses and request they testify at the hearing. Inmates may not question a witness at the hearing, however, the staff representative and/or the DHO will question any witness for the inmate. An inmate may submit questions for the witnesses to the DHO if there is no staff representative. The DHO will request a statement from all unavailable witnesses whose testimony is deemed relevant. The inmate may make statements in his own defense and may produce documentary evidence. The inmate may be present throughout the DHO hearing, except during deliberations. The inmate charges may be excluded during appearance of outside witnesses or when institution security could be jeopardized. The DHO may postpone or continue a hearing for good cause. Reasons for the delay must be documented in the record of the hearing. Final disposition is made by the DHO.

NOTE: Time limits are subject to exceptions as provided in the rules.

Staff may suspend disciplinary proceedings for a period not to exceed two calendar weeks while undertaking informal resolution. If informal resolution is unsuccessful, staff may reinstate disciplinary proceedings. The requirements then begin running at the same point at which they were suspended.

Appeals of Disciplinary Actions

Appeals of all disciplinary actions may be made through Administrative Remedy Procedures. UDC appeals are made to the Warden on the BP-9 from after Attempting Informal Resolution.

DHO appeals are made to the Regional Director on a BP-10 form. On appeal, the following items will be considered:

- Whether the UDC or DHO substantially complied with the regulations on inmate discipline.
- Whether the UDC or DHO based its decisions on substantial evidence.
- Whether an appropriate sanction was imposed according to the severity level of the prohibited act.

Prohibited Acts and Disciplinary Scale

There are four categories of prohibited acts – Greatest, High, Moderate, and Low. Prohibited acts are describe in Table 1 – Prohibited Acts and Available Sanctions. If you commit repetitive prohibited acts, we can impose increased sanctions, as listed in Table 2 – Additional Available Sanctions for Repeated Prohibited Acts within the Same Severity Level.

(1) **Greatest Severity Level Offenses.** The Discipline Hearing Officer (DHO) imposes one or more of sanctions A through E. Sanction B.1 must be imposed for a VCCLEA inmate rated “violent” (an inmate who, per the Violent Crime Control and Low Enforcement Act of 1994, committed a crime of violence on or after September 13, 1994) and for a PLRA inmate (an inmate sentenced for an offense committed on or after April 26, 1996, per the Prison Litigation Reform Act). The DHO may impose any available sanctions (A through M) in addition to sanctions A through E. All Greatest severity level charges must be referred to the DHO.

(2) **High Severity Level Offenses.** The DHO imposes one or more of sanctions A through M, and except as noted in the sanction, may also suspend one or more sanctions A through M. Sanction B.1 must be imposed for a VCCLEA inmate rated “violent” and for a PLRA inmate. All High severity level charges must be referred to the DHO.

Prohibited Act Code 225, Stalking, is for the purpose of punishing repetitive inmate behavior, e.g., loitering, staring, leering, inappropriate remarks (short of insolence, profanity, or sexual proposals), that are not clearly covered by another prohibited act code. When staff encounters such behavior, the inmate should be specifically warned that it is inappropriate and must cease. If the behavior fits another prohibited act code provision, the inmate should be charged with violating that specific provision instead of stalking. Examples of other prohibited act code behavior that may be used instead of Code 225, Stalking, include, but are not limited to Insolence (Code 312), Being in an Unauthorized Area (Code 316), Threatening (Code 203), and Making a Sexual Proposal or Threat (Code 206).

(3) **Moderate Severity Level Offenses.** The DHO imposes at least one sanction A through M, but, except as noted in the sanction, may suspend any sanction(s) imposed. Sanction B.1 ordinarily must be imposed for a VCCLEA inmate rated “violent” and for a PLRA inmate. Except for charges referred to the DHO, the Unit Discipline Committee (UDC) shall impose at least one sanction F through M, but may suspend any sanction(s) imposed.

The UDC ordinarily refers to the DHO a moderate severity level charge for a VCCLEA inmate rated “violent” or for a PLRA inmate if the inmate was found to have committed two moderate offenses during his/her current anniversary year (the 12-month period for which an inmate may be eligible to earn good conduct time [GCT]). The UDC must document the reasons why a third charge for such an inmate was not referred to the DHO.

A prohibited act charge for 331 involving tobacco or nutritional supplements must be referred to the DHO for final disposition.

(4) **Low Severity Level Offenses.** The DHO imposes at least one sanction B.1, or D through M. The DHO may suspend any sanction(s) imposed; however, a B.1 sanction may not be suspended. Except for charges referred to the DHO, the UDC imposes at least one sanction F through M, but may suspend any sanction(s) imposed.

The UDC ordinarily refers to the DHO a low severity level charge for a VCCLEA inmate rated “violent” or for a PLRA inmate if the inmate had been found to have committed three low offenses during his/her current anniversary year. The UDC must document the reasons why a charge for such an inmate was not referred to the DHO.

Sanction B.1 may be imposed on the Low severity level only if the inmate has committed a Low severity level prohibited act more than once within a six-month period (except for a VCCLEA inmate rated “violent” or a PLRA inmate).

All Severity Level Offenses. In all categories of severity, aiding another person to commit any of these offenses, attempting to commit them, or making plans to commit them, is considered equivalent to committing the offense itself. In these cases, the letter “A” is combined with the offense code. For example, planning an escape is Escape, Code 102A. Attempting to adulterate food or drink is Code 209A.

Suspensions of any sanction cannot exceed six months. Suspended sanctions may only be revoked and executed if the inmate is found to have committed a subsequent prohibited act. Only the DHO may execute, suspend, or revoke and execute suspension of Sanctions A through E (B and B/1 may never be suspended). The DHO or UDC may execute, suspend, or revoke and execute suspensions of sanctions F through M. The DHO may execute UDC – suspended sanctions. However, the UDC may not execute DHO – suspended sanctions A through E.

When an inmate receives an incident report while on a DHO – imposed, but suspended sanction, the new incident report is forwarded by the UDC to the DHO, both for a final disposition on the new incident report, and for a disposition on the suspended sanction. This procedure is not necessary when the UDC informally resolves the new incident report. The DHO may return an incident report to the UDC if a decision not to execute the suspended sanction is made.

The UDC or DHO may impose increased sanctions for repeated, frequent offenses per the guidelines in Table 2.

Not all UDC or DHO decisions finding an inmate committed a prohibited act will result in a change to the inmate’s security designation score, the Unit Team may recommend a greater security transfer, using their professional judgment, and in accordance with the policy on Inmate Security Designation and Custody Classification.

Code	Prohibited Act – Greatest Severity		Sanction(s)
100	Killing		A. Recommend parole date rescission or retardation.
101	Assaulting any person, or an armed assault on the institution’s secure perimeter (a charge for assaulting any person at this level is to be used only when serious physical injury has been attempted or accomplished).		B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time (up to 100%) and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).
102	Escape from escort; escape from any secure or non-secure institution, including community confinement; escape from unescorted community program or activity; escape from outside a secure institution.	B.1	Disallow ordinarily between 50% and 75% (27-41 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).
103	Setting a fire (charged with this act in this category only when found to pose a threat to life or a threat of serious bodily harm or in furtherance of a prohibited act of Greatest Severity, e.g., in furtherance of a riot or escape; otherwise the charge is properly classified Code 218, or 329).	C.	Disciplinary segregation (up to 12 months).
104	Possession, manufacture, or introduction of a gun, firearm, weapon, sharpened instrument, knife, dangerous chemical, explosive, ammunition, or any instrument used as a weapon.	D.	Make monetary restitution.
105	Rioting	E.	Monetary fine.
106	Encouraging others to riot	F.	Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation, mattress).
107	Taking hostage(s)	G.	Change housing (quarters).
108	Possession, manufacture, introduction, or loss of a hazardous tool (tools most likely to be used in an escape or escape attempt or to serve as weapons capable of doing serious bodily harm to others; or those hazardous to institutional security or personal safety; e.g., hacksaw blade, body armor, maps, handmade rope, or other escape paraphernalia, portable telephone, pager, or other electronic device).	H.	Remove from program and/or group activity.
110	Refusing to provide a urine sample; refusing to breathe into a Breathalyzer; refusing to take part in other drug-abuse testing.	I.	Loss of job.
111	Introduction or making of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.	J.	Impound inmate’s personal property.
112	Use of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.	K.	Confiscate contraband.
113	Possession of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.	L.	Restrict to quarters.
114	Sexual assault of any person, involving non-consensual touching by force or threat of force.	M.	Extra duty.
115	Destroying and/or disposing of any item during a search or attempt to search.		
196	Use of the mail for an illegal purpose or to commit or further a Greatest category prohibited act.		
197	Use of the telephone for an illegal purpose or to commit or further a Greatest category prohibited act.		

198	Interfering with a staff member in the performance of duties most like another Greatest severity prohibited act. This charge is to be used only when another charge of Greatest severity is not accurate. The offending conduct must be charged as “most like” one of the listed Greatest severity prohibited acts.			
199	Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Greatest severity prohibited act. This charge is to be used only when another charge of Greatest severity is not accurate. The offending conduct must be charged as “most like” one of the listed Greatest severity prohibited acts.			

Code	Prohibited Act – High Severity		Sanction(s)	
200	Escape from a work detail, non-secure institution, or other non-secure confinement, including community confinement, with subsequent voluntary return to Bureau of Prisons custody within four hours.		A.	Recommend parole date rescission or retardation.
201	Fighting with another person.		B.	Forfeit and/or withhold earned statutory good time or non-vested good conduct time up to 50% or up to 60 days, whichever is less, and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).
			B.1	Disallow ordinarily between 25% and 50% (14-27 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).
203	Threatening another with bodily harm or any other offense.		C.	Disciplinary segregation (up to 6 months).
204	Extortion; blackmail; protection; demanding or receiving money or anything of value in return for protection against others, to avoid bodily harm, or under threat of informing.		D.	Make monetary restitution.
205	Engaging in sexual acts.		E.	Monetary fine.
206	Making sexual proposals or threats to another.		F.	Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation, mattress).
207	Wearing a disguise or a mask.		G.	Change housing (quarters).
208	Possession of any unauthorized locking device, or lock pick, or tampering with or blocking any lock device (includes keys), or destroying, altering, interfering with, improperly using, or damaging any security device, mechanism, or procedure.		H.	Remove from program and/or group activity.
209	Adulteration of any food or drink.		I.	Loss of job.
211	Possessing any officer’s or staff clothing.		J.	Impound inmate’s personal property.
212	Engaging in or encouraging a group demonstration.		K.	Confiscate contraband.
213	Encouraging other to refuse to work, or to participate in a work stoppage.		L.	Restrict to quarters.
216	Giving or offering an official or staff member a bribe, or anything of value.		M.	Extra duty.
217	Giving money to, or receiving money from, any person for the purpose of introducing contraband or any other illegal or prohibited purpose.			
218	Destroying, altering, or damaging government property, or the property of another person, having a value in excess of \$100, or destroying, altering, damaging life-safety devices (e.g., fire alarm) regardless of financial value.			

219	Stealing; theft (including data obtained through the unauthorized use of a communications device, or through unauthorized access to disks, tapes, or computer printouts or other automated equipment on which data is stored).			
220	Demonstrating, practicing, or using martial arts, boxing (except for use of a punching bag), wrestling, or other forms of physical encounter, or military exercises or drill (except for drill authorized by staff).			
221	Being in an unauthorized area with a person of the opposite sex without staff permission.			
224	Assaulting any person (a charge at this level is used when less serious physical injury or contact has been attempted or accomplished by an inmate).			
225	Stalking another person through repeated behavior which harasses, alarms, or annoys the person, after having been previously warned to stop such conduct.			
226	Possession of stolen property.			
227	Refusing to participate in a required physical test or examination unrelated to testing for drug abuse (e.g., DNA, HIV, tuberculosis).			
228	Tattooing or self-mutilation.			
229	Sexual assault of any person, involving non-consensual touching without force or threat of force.			
231	Requesting, demanding, pressuring, or otherwise intentionally creating a situation, which causes an inmate to produce or display his/her own court documents for any unauthorized purpose to another inmate.			
296	Use of the mail for abuses other than criminal activity which circumvent mail monitoring procedures (e.g., use of the mail to commit or further a High category prohibited act, special mail abuse; writing letters in code; directing others to send, sending, or receiving a letter or mail through unauthorized means; sending mail for other inmates without authorization; sending correspondence to a specific address with directions or intent to have the correspondence sent to an unauthorized person; and using a fictitious return address in an attempt to send or receive unauthorized correspondence).			
297	Use of the telephone for abuses other than illegal activity which circumvent the ability of staff to monitor frequency of telephone use, content of the call, or the number called; or to commit or further a High category prohibited act.			
298	Interfering with a staff member in the performance of duties most like another High severity prohibited act. This charge is to be used only when another charge of High severity is not accurate. The offending conduct must be charged as “most like” one of the listed High severity prohibited acts.			
299	Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another High severity prohibited act. This charge is to be used only when another charge of High severity is not accurate. The offending conduct must be charged as “most like” one of the listed High severity prohibited acts.			

Code	Prohibited Act – Moderate Severity		Sanction(s)
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300	Indecent Exposure.		A.	Recommend parole date rescission or retardation.
302	Misuse of authorized medication.		B.	Forfeit and/or withhold earned statutory good time or non-vested good conduct time up to 25% or up to 30 days, whichever is less, and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).
303	Possession of money or currency, unless specifically authorized, or in excess of the amount authorized.		B.1	Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).
304	Loaning of property or anything of value for profit or increased return.		C.	Disciplinary segregation (up to 3 months).
305	Possession of anything not authorized for retention or receipt by the inmate, and not issued to him through regular channels.		D.	Make monetary restitution.
306	Refusing to work or to accept a program assignment.		E.	Monetary fine.
307	Refusing to obey an order of any staff member (may be categorized and charged in terms of greater severity, according to the nature of the order being disobeyed, e.g., failure to obey an order which furthers a riot would be charged as 105, Rioting; refusing to obey an order which furthers a fight would be charged as 201, Fighting; refusing to provide a urine sample when ordered as part of a drug-abuse test would be charged as 110).		F.	Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation, mattress).
308	Violating a condition of a furlough.		G.	Change housing (quarters).
309	Violating a condition of a community program.		H.	Remove from program and/or group activity.
310	Unexcused absence from work or any program assignment.		I.	Loss of job.
311	Failing to perform work as instructed by the supervisor.		J.	Impound inmate's personal property.
312	Insolence towards a staff member.		K.	Confiscate contraband.
313	Lying or providing a false statement to a staff member.		L.	Restrict to quarters.
314	Counterfeiting, forging, or unauthorized reproduction of any document, article of identification, money, security, or official paper (may be categorized in terms of greater severity according to the nature of the item being reproduced, e.g., counterfeiting release papers to effect escape, Code 102).		M.	Extra duty.
315	Participating in an unauthorized meeting or gathering.			
316	Being in an unauthorized area without staff authorization.			
317	Failure to follow safety or sanitation regulations (including safety regulations, chemical instructions, tools, MSDS sheets, OSHA standards).			
318	Using any equipment or machinery without staff authorization.			
319	Using any equipment or machinery contrary to instructions or posted safety standards.			
320	Failing to stand count.			
321	Interfering with the taking of count.			
324	Gambling.			
325	Preparing or conducting a gambling pool.			
326	Possession of gambling paraphernalia.			
327	Unauthorized contacts with the public.			
328	Giving money or anything of value to, or accepting money or anything of value from, another inmate or any other person without staff authorization.			

329	Destroying, altering, or damaging government property, or the property of another person, having a value of \$100.00 or less.			
330	Being unsanitary or untidy; failing to keep one's person or quarters in accordance with posted standards.			
331	Possession, manufacture, introduction, or loss of a non-hazardous tool, equipment, supplies, or other non-hazardous contraband (tools not likely to be used in an escape or escape attempt, or to serve as a weapon capable of doing serious bodily harm to others, or not hazardous to institutional security or personal safety) (other non-hazardous contraband includes such items as food, cosmetics, cleaning supplies, smoking apparatus and tobacco in any form where prohibited, and unauthorized nutritional/dietary supplements).			
332	Smoking where prohibited.			
333	Fraudulent or deceptive completion of a skills test (e.g., cheating on a GED, or other educational or vocational skills test).			
334	Conducting a business; conducting or directing an investment transaction without staff authorization.			
335	Communicating gang affiliation; participating in gang related activities; possession of paraphernalia indicating gang affiliation.			
336	Circulating a petition.			
396	Use of the mail for abuses other than criminal activity which do not circumvent mail monitoring; or use of the mail to commit or further a Moderate category prohibited act.			
397	Use of the telephone for abuses other than illegal activity which do not circumvent the ability of staff to monitor frequency of telephone use, content of the call, or the number called; or to commit or further a Moderate category prohibited act.			
398	Interfering with a staff member in the performance of duties most like another Moderate severity prohibited act. This charge is to be used only when another charge of Moderate severity is not accurate. The offending conduct must be charged as "most like" one of the listed Moderate severity prohibited acts.			
399	Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Moderate severity prohibited act. This charge is to be used only when another charge of Moderate severity is not accurate. The offending conduct must be charged as "most like" one of the listed Moderate severity prohibited acts.			

Code	Prohibited Act – Low Severity	Sanction(s)	
402	Malingering, feigning illness.	B.1	Disallow ordinarily up to 12.5% (1-7 days) of good conduct time credit available for year (to be used only where inmate found to have committed a second violation of the same prohibited act within 6 months); Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (to be used only where inmate found to have committed a third violation of the same prohibited act

				within 6 months) (a good conduct time sanction may not be suspended).
404	Using abusive or obscene language.		D.	Make monetary restitution.
407	Conduct with a visitor in violations of Bureau regulations.		E.	Monetary fine.
409	Unauthorized physical contact (e.g., kissing, embracing)		F.	Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation, mattress).
498	Interfering with a staff member in the performance of duties most like another Low severity prohibited act. This charge is to be used only when another charge of Low severity is not accurate. The offending conduct must be charged as "most like" one of the listed Low severity prohibited acts.		G.	Change housing (quarters).
499	Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Low severity prohibited act. This charge is to be used only when another charge of Low severity is not accurate. The offending conduct must be charged as "most like" one of the listed Low severity prohibited acts.		H.	Remove from program and/or group activity.
			I.	Loss of job.
			J.	Impound inmate's personal property.
			K.	Confiscate contraband.
			L.	Restrict to quarters.
			M.	Extra duty.

LEGAL SERVICES

Legal Correspondence

Legal correspondence from attorneys will be treated as Special Mail if it is properly marked. The envelope must be marked with the attorney's name and identifies he/she is an attorney. The front of the envelope must be marked Special Mail - Open Only in the Presence of the Inmate. It is the responsibility of the inmate to advise his/her attorney of this policy. If legal mail is not properly marked, it will be opened as general correspondence.

Attorney Visits

Attorneys should ordinarily make advance appointments for each visit. Attorneys are encouraged to visit during the regular visiting hours. However, visits from an attorney can be arranged at other times based on the circumstances of each case and available staff. The attorney can contact the inmate's respective unit team to schedule a visit outside of regular visiting hours. Attorney visits will be subject to visual but not audio monitoring.

Notary Public

Under the provisions of 18 USC 4004, identified staff are authorized to notarize documents. A recent change in the law allows for “unsworn declarations”. Documents signed by an inmate as true and correct under penalty of perjury will suffice in federal courts and other federal agencies, unless specifically directed to do otherwise. Some states will not accept a government notarization for real estate transactions, automobile sales, etc. In these cases, it will be necessary for the inmate to speak with their respective unit team to schedule for the document to be notarized with the institution’s notary public.

Copies of Legal Materials

In accordance with institution procedures, inmates may copy materials necessary for their research or legal matters. A copy machine is available in the Education Department’s Law Library for inmate use. Individuals who have no funds and who can demonstrate a clear need for particular copies may submit a written request for a reasonable amount of free duplication.

Federal Tort Claims

If the negligence of institution staff results in personal injury or property loss or damage to an inmate, it can be the basis of a claim under the Federal Tort Claims Act (FTCA) or small claims. To file a claim under the FTCA for personal injury, you must complete a standard Form 95. To file a request under small claims for property loss, you must complete a Small Claims Request. You must mail the form to the regional office where the incident occurred. You may obtain a copy of the forms by submitting an Inmate Request to Staff to your Correctional Counselor or other designated staff member.

Tort/Small claims are not accepted for filing at the institution. It is the inmate’s responsibility to mail his claim directly to the Regional Counsel in the regional office having jurisdiction over the institution where the loss or injury occurred. For example, if the loss occurred at FCC Petersburg, then the claim should be mailed to the Mid-Atlantic Regional Office.

A copy of the policy statement on tort claims is maintained in the inmate Law Library. Addresses to all of the regional offices, along with institutions in each region are published in Title 28 Code of Federal Regulations (CFR) Part 543.30. A copy of the CFR is maintained in the Law Library. You may also obtain addresses to the regional offices from any member of your unit team.

Inmate Access to Central and Medical Files

An inmate may request review of disclosable portions of his central file (plus presentence report and/or summary) and medical file prior to the individual’s parole hearing. An inmate may also request to review and receive copies of disclosable documents from his central file or medical files by submitting a written request to their respective unit team or the medical records technician. This review will be permitted under procedures established by the Department of Justice.

Inmate Access to Other Documents

An inmate may request access to the non-disclosable documents in his central file and medical

file, or other documents concerning himself that are not in his central file or medical file. The request must be in writing and mailed by the inmate directly to:

Federal Bureau of Prisons
ATTN: FOIA/PA Section
320 First Street, N.W.
Washington, DC 20534

Such a request must briefly describe the nature of records wanted and appropriated dates covered by the record. The inmate must also provide his register number and date of birth for identification purposes.

A request on behalf of an inmate by an attorney or any other person, for records concerning the inmate must be in writing and submitted to the central office address above. The request should not be mailed to the institution. The attorney or other person must include with the request the inmate's written consent or authorization to disclose the requested records.

Freedom of Information/Privacy Act of 1974

The Privacy Act of 1974 forbids the release of information from agency records without a written request by, or without the prior written consent of the individual to whom the records pertained, except for specific instances. All formal request for access to records about another person and/or agency records other than those pertaining to themselves (including Program Statements and Operations Memoranda) shall be processed through the Freedom of Information Act, 5 USC 552.

Administrative Remedies / Problem Resolution

Inmate Request to Staff

The Bureau form BP-Admin-70, Inmate Request to Staff, commonly called a cop-out, is used to make a written request to a staff. Any type of request can be made with this form. It can be obtained in the living units from the correctional officer on duty. Staff members who receive a cop-out will answer the request in a reasonable period of time. The answer will be written on the bottom of the request form, or typed on a separate sheet of paper.

Administrative Remedy Process

The Bureau emphasizes and encourages the resolution of complaints on an informal basis. Hopefully, an inmate can resolve a problem informally by contact with the respective staff members or formally on a written Inmate Request to Staff. When informal resolution is unsuccessful, a formal complaint can be filed as an administrative remedy. Complaints

regarding tort claims, inmate accident compensation, freedom of information or privacy act requests, and complaints on behalf of other inmates will not be accepted under the administrative remedy procedure.

The first step of the administrative remedy procedure is the documentation of the informal resolution attempts written on an Attempt at Informal Resolution form (BP-8). Inmates can obtain this form from their Correctional Counselor or other designated unit team staff member. On the attempt at Informal Resolution form, the inmate will briefly state the nature of the problem and list the efforts made to resolve the problem informally. An inmate shall place a single complaint or reasonable number of closely related issues per form. If you need more space than provided on the form, you may add one "8 ½ x 11" sheet of paper (one side only).

After the form is complete, the inmate will submit the form to their respective correctional counselor. The correctional counselor will normally have five (5) days to attempt to resolve the problem, have it reviewed by the unit manager and return the completed form to you. If you are not satisfied with the attempt at informal resolution, you may file a BP-9 with the Warden. You need to fill out the top half of the form stating what the problem is, what you have done about it and what you want the Warden to do about it. You need to sign it, date it, and attach a copy of the completed Attempt at Informal Resolution form. If you need more than the top half of the form, you may add one additional 8 ½ x 11" sheet of paper (one side only). The deadline for completion of the Informal Resolution and submission of the BP-9 complaint must be filed within twenty (20) calendar days from the date on which the basis for the incident or complaint occurred.

Once the Request or Appeal has been accepted, Institution Staff have twenty (20) calendar days to act on the complaint and to provide a written response to the inmate.

If the inmate is not satisfied with the response to the BP-9, he may file an appeal to the Regional Director. This appeal must be received in the regional office within twenty (20) calendar days from the date of the Warden's signed BP-9 response. The regional appeal is written on a BP-230 (BP-10) form, and must have a copy of the BP-9 form and response attached. The Regional Director has thirty (30) calendar days to respond in writing.

If the inmate is not satisfied with the response by the Regional Director, he may appeal to the Central Office of the Bureau of Prisons. The national appeal must be made on a BP-231 (BP-11) form and must have copies of the BP-9 and BP-10 forms with responses. The appeal must be received in the central office within 30 calendar days of the date the Regional Director signed the BP-10 response. The National Appeal must be answered within forty (40) calendar days.

All forms must be obtained from the Correctional Counselor or unit staff member.

In writing a BP-229, BP-230, or BP-231, the form should be written in three sections:

1. Statement of facts
2. Grounds for relief

3. Relief requested

Time limits for Filing (in calendar days)

- BP-9: 20 days of incident
- BP-10: 20 days from BP-9 response
- BP-11: 30 days from BP-10 response

	Response	Extensions
BP-9	20 days	20 days
BP-10	30 days	30 days
BP-11	40 days	20 days

Sensitive Complaints

If an inmate believes a complaint is of such a sensitive nature that he would be adversely affected if the complaint became known to the institution, he may file the complaint directly to the Regional Director. The inmate must explain, in writing, the reason for not filing the complaint with the institution. If the Regional Director agrees that the complaint is sensitive, it shall be accepted and a response to the complaint will be processed. If the Regional Director does not agree that the complaint is sensitive, the inmate will be advised in writing of that determination. If the complaint is not determined to be sensitive, the complaint will not be returned to the inmate. Therefore, the inmate should keep a copy of his complaint. The inmate may then pursue the matter by filing a BP-9 at the institution.

See Program Statement 1330.18 Administrative Remedy Program, if you have any specific questions regarding the program.

Inmate Rights and Responsibilities §541.12

Rights	Responsibilities
1. You have the right to expect that as a human being you will be treated respectfully, impartially, and fairly by all personnel.	1. You have the responsibility to treat others, both employees and inmates, in the same manner.
2. You have the right to be informed of the rules, procedures, and schedules concerning the operation of the institution.	2. You have the responsibility to know and abide by them.
3. You have the right to freedom of religious affiliation, and of religious worship	3. You have the responsibility to recognize and respect the voluntary rights of others in this regard.

<p>4. You have the right to health care, which includes nutritious meals, proper bedding and clothing, and a laundry schedule for cleanliness of the same, an opportunity to shower regularly, proper ventilation for warmth and fresh air, a regular exercise period, toilet articles and medical and dental treatment.</p>	<p>4. It is your responsibility not to waste food, to follow the laundry and shower schedule, maintain neat and clean living quarters, to keep your area free of contraband and to seek medical and dental care as you may need it.</p>
<p>5. You have the right to visit and correspond with family members, and friends, and correspond with members of the news media in keeping with Bureau rules and institution guidelines.</p>	<p>5. It is your responsibility to conduct yourself properly during visits, not to accept or pass contraband, and not to violate the law or Bureau rules or institution guidelines through your correspondence</p>
<p>6. You have the right to unrestricted and confidential access to the courts by correspondence (on matters such as the legality of your conviction, civil matters, pending criminal cases, and conditions of your imprisonment.)</p>	<p>6. You have the responsibility to present honestly and fairly your petitions, questions, and problems to the court.</p>
<p>7. You have the right to legal counsel from an attorney of your choice by interviews and correspondence.</p>	<p>7. It is your responsibility to use the services of an attorney honestly and fairly.</p>
<p>8. You have the right to participate in the use of law library reference materials to assist you in resolving legal problems. You also have the right to receive help when it is available through</p>	<p>8. It is your responsibility to use these resources in keeping with the procedures and schedule prescribed and to respect the rights of other inmates to the use of the materials and assistance.</p>
<p>9. You have the right to a wide range of reading materials for educational purposes and for your own enjoyment. These materials may include magazines and newspapers sent from the community, with certain restrictions.</p>	<p>9. It is your responsibility to seek and utilize such materials for your personal benefit, without depriving others of their equal rights to the use of this material.</p>
<p>11. You have the right to use your funds for commissary and other purchases, consistent with institution security and good order: for opening bank and/or savings accounts, and for assisting your family.</p>	<p>11. You have the responsibility to meet your financial and legal obligations, including, but not limited to, court-imposed assessments, fines, and restitution. You also have the responsibility to make use of your funds in a manner consistent with your release plans, your family needs, and for other obligations that you may have.]</p>

Directions / Local Transportation

From interstate 95 North: Take Exit 54 toward Temple Avenue. Turn right on Temple Avenue. Follow Temple Avenue for approximately 3.2 miles. Turn left on River Road. Follow River Road for approximately 3.6 miles. FCC Petersburg Low is located on the left side of River Road, just outside the sharp right bend in the road.

From Interstate 95 South: Same as above.

From 295 North: Take Exit 9B (Fort Lee) this will place you on Oaklawn Boulevard. Go

through three lights, then exit to the right immediately after Burger King. This will place you on VA 144/Temple Avenue. Go to the first light and turn right on River Road. Follow River Road for approximately 3.6 miles. FCC Petersburg Low is located on the left side of River Road, just outside the sharp right bend in the road.

From 295 South: Same as above

Local Transportation: There are no mass transit buses to the institution. Visitors traveling via Greyhound or Amtrak must take a taxi or other public transportation to the institution. Local cab companies are listed below.

Boulevard Cab Co.
(804) 732-3636

Yellow Cab of Colonial Heights LLC
(804) 833-3909