

COMMISSARY SHOPPING LIST
FEDERAL CORRECTIONAL INSTITUTION, TEXARKANA, TEXAS

NAME: _____ REG. NO.: _____ UNIT: _____

____ \$ 6.50 COPY CARDS (Limit 3)
____ \$ 1.00 PHOTO TICKETS (Limit 10)

STAMPS

____ \$ 13.20 BOOK STAMPS (Limit 2) ^
____ \$ 0.66 .66 CENT STAMPS (Limit 40)^

OTHER SPO WRITE IN ITEMS

HYGENE ITEMS

____ \$ 2.20 COTTON SWABS (1) (X)
____ \$ 6.90 CLEAR TOTE BAG (1)
____ \$ 5.75 LAUNDRY BAG (1)
____ \$ 0.50 FINGER NAIL CLIPPERS (1)
____ \$ 2.80 LOCKER MIRROR (1)
____ \$ 6.70 MOUSTACHE SCISSORS (1)
____ \$ 0.95 TOE NAIL CLIPPERS (1)
____ \$ 1.30 FLOSS PICKS (1) (X)
____ \$ 2.35 MEDICATED CHEST RUB (1) (X)
____ \$ 1.15 TWEEZERS (1) (X)
____ \$ 3.50 AFTA AFTER SHAVE (1)
____ \$ 4.20 BUMP STOPPER (1)
____ \$ 1.50 COUGH DROPS ^ (2) (X)
____ \$ 3.25 S/F RICOLA ^ (2) (X)
____ \$ 1.85 BIC TWIN SENSITIVE (1) (X)
____ \$ 6.50 MAGIC SHAVE REGULAR (1)
____ \$ 7.80 MAGNUM RAZOR (1)
____ \$ 6.70 MAGNUM CARTRIDGES (1)
____ \$ 1.60 SHAVE GEL (1)
____ \$ 1.40 ORAL ANALGESIC GEL (1) (X)
____ \$ 3.85 COLGATE TOOTHPASTE (2)
____ \$ 1.95 DENTURE BATH (1)
____ \$ 1.90 DENTURE BRUSH (1)
____ \$ 4.25 EFFERGRIP (2) (X)
____ \$ 5.60 POLIDENT (2)
____ \$ 4.50 AQUAFRESH SENSODYNE (2) (X)
____ \$ 4.15 STAYDENT (1) (X)
____ \$ 0.55 T/B HOLDER (1) (X)
____ \$ 1.00 TOOTHBRUSH (SOFT) (2) (X)
____ \$ 4.95 MOUTHWASH (2)
____ \$ 1.25 BLACK SOAP (2)
____ \$ 2.25 DIAL SOAP (3) (X)
____ \$ 2.95 DOVE (3)
____ \$ 1.85 Body Wash (2)
____ \$ 0.70 SOAP DISH (1) (X)
____ \$ 1.80 3N1 BODY WASH (2) (X)
____ \$ 9.00 PANTENE PRO SHAMPOO (2)
____ \$ 1.60 SHAMPOO (2)
____ \$ 1.50 CONDITIONER (2)
____ \$ 2.45 MURRAY'S HAIRDRESSING (1)
____ \$ 6.70 PANTENE CONDITIONER (2)
____ \$ 5.20 SULFER-8 MEDICATED HAIR (1)
____ \$ 3.55 DEGREE (2)
____ \$ 2.15 DIAL ROLLON (2) (X)
____ \$ 3.50 MENEN SPORT (2)
____ \$ 8.45 AFRICAN PRIDE HAIR GROW (1)
____ \$ 0.45 AFRO COMB (1)
____ \$ 0.55 AFRO PIK (1)
____ \$ 1.00 BLACK DU-RAG (1)
____ \$ 4.25 BRUSH (1)
____ \$ 13.00 LOCKING GEL (1)
____ \$ 6.20 LUSTER PINK AIR (1)
____ \$ 1.75 WAVE BRUSH (1)
____ \$ 0.50 PALM BRUSH (2) (X)
____ #N/A 0
____ \$ 1.80 XCESS GEL (1)
____ \$ 1.35 PONY TAIL HOLDER (1)
____ \$ 1.00 RUBBER BAND BLACK (1)
____ \$ 2.00 COCONUT OIL (1)
____ \$ 1.85 SOFTEE BERGAMONT (1)
____ \$ 3.85 THERA-GEL SHAMPOO (1)
____ \$ 4.50 ANTI-DAN SHAMPOO (1) (X)

SKIN CARE

____ \$ 6.00 VASELINE LOTION (1)
____ \$ 1.50 ALOE LOTION (1) (X)
____ \$ 2.15 BABY POWDER (1) (X)
____ \$ 2.00 BAND-AIDS (1)
____ \$ 2.00 COCOA BUTTER STICK (1)
____ \$ 5.60 COCOA BUTTER LOTION (1)
____ \$ 1.65 PETROLEUM JELLY (1) (X)
____ \$ 2.60 NOXEMA SKIN CREAM (1)
____ \$ 5.85 SUNSCREEN (1)
____ \$ 9.50 BENZOYL WASH (1)

MEDICATIONS AND VITAMINS

LIMIT 1 EACH

____ \$ 1.50 ALLERGY RELIEF ^ (X)
____ \$ 4.90 ADVANCED MULTI-VIT ^ (X)
____ \$ 1.50 ALLERGY RELIEF ^ (X)
____ \$ 1.05 ANTI-FUNGAL TOLNAFTATE ^ (X)
____ \$ 3.00 COUGH SYRUP ^ (X)
____ \$ 16.85 ABREVA ^ (1) (X)
____ \$ 2.25 ARTIFICIAL TEARS ^ (X)
____ \$ 2.00 ASPIRIN ^
____ \$ 2.05 CALLUS CUSHION ^
____ \$ 2.60 CORN REMOVERS ^
____ \$ 1.69 EQUATE ASPIRIN 81 MG
____ \$ 9.00 EQUATE NASAL STRIPS (X)
____ \$ 6.50 FIBER TABLETS ^ (X)
____ \$ 2.71 LIQUID ANTACID ^ (X)
____ \$ 6.00 LACTOSE RELIEF ^
____ \$ 4.61 HEMORRHOIDAL OINTMENT ^ (X)
____ \$ 1.80 HYDROCORTISONE ^ (X)
____ \$ 5.40 HYG. CLEAN PADS ^ (X)
____ \$ 3.00 IBUPROFEN ^ (X)
____ \$ 4.35 INSECT REPELLENT ^
____ \$ 2.50 MUSCLE RUB ^ (X)
____ \$ 17.25 NASACORT ALLERGY SPRAY ^ (X)
____ \$ 3.00 ANTACID TABLETS ^ (X)
____ \$ 2.60 ANTI-DIARRHEAL ^ (X)
____ \$ 2.50 EAR WAX REMOVER
____ \$ 2.60 GAS RELIEF ^ (X)
____ \$ 8.95 NEW OMEPRAZOLE ^ (X)
____ \$ 2.50 PAIN RELIEVER 325MG ^ (X)
____ \$ 1.75 STOOL SOFTENER ^ (X)
____ \$ 3.70 MIK OF MAG ^ (X)
____ \$ 1.85 SALINE NASAL SPRAY ^ (X)
____ \$ 3.25 ACNE PADS ^
____ \$ 2.50 TRIPLE ANTIBIOTIC OINTMENT ^ (X)
____ \$ 3.50 VITAMIN C-500 PLUS ^ (X)
____ \$ 3.50 VITAMIN B COMPLEX ^ (X)
____ \$ 4.45 ULTRA CALCIUM W/VIT. D ^ (X)

FOOD CONDIMENTS

____ \$ 2.05 SAZON GOYA (1)
____ \$ 2.40 FLAVOR MATE SEAS (1)
____ \$ 1.70 GARLIC POWDER (1)
____ \$ 2.10 CHEESE SPREAD (2)
____ \$ 1.95 IDAHOAN POTATOES (2)
____ \$ 1.45 VEGATABLE FLAKES (2)
____ \$ 4.90 BLUE PLATE MAYO (2) K
____ \$ 2.10 GOUDA (3)
____ \$ 1.30 C/C LOUISIANA HOT SAUCE (1)
____ \$ 2.75 CHILI GARLIC SAUCE (1) K
____ \$ 1.20 DILL PICKLE (5) ♥ K
____ \$ 2.15 KETCHUP (1)
____ \$ 2.10 SHARP CHEDDAR BRICK (2) K
____ \$ 2.10 MOZZ BRICK (3) K
____ \$ 3.25 KRAFT SPICY CHEEZE (3)
____ \$ 2.60 TACO MIX (2)
____ \$ 1.50 MUSTARD (1)
____ \$ 3.25 HOT GIARDINIERA (1)
____ \$ 1.80 BBQ SAUCE(1)
____ \$ 1.60 EL PATO SALSA (1)
____ \$ 1.10 SAN MIGUEL SAUCE (2)
____ \$ 2.25 SLICED JALAPENOS (1) K
____ \$ 4.55 JELLY (1)
____ \$ 1.25 SIAM SOY SAUCE (1) K
____ \$ 5.20 SRIRACHA HOT SAUCE (1)
____ \$ 3.00 SWEET & HOT SAUCE (1)

SOUP (24 total)

WRITE IN FLAVOR

____ \$ 0.50 RAMEN LOW SODIUM (24)
____ \$ 0.50 RAMEN _____ (24)
____ \$ 0.50 RAMEN _____ (24)

SNACKS AND CEREAL

____ \$ 2.20 PROTEIN BARS (10)
____ \$ 3.00 PEANUT BUTTER CREAMY (2) ♥
____ \$ 3.00 PEANUT BUTTER CRUNCHY (2) ♥
____ \$ 2.95 GRANOLA BAR (1)
____ \$ 3.00 ROLLED OATS (2) ♥ K
____ \$ 3.90 VARETY OATMEAL (1) ♥
____ \$ 0.60 RANCH PACKS (5)
____ \$ 3.50 POP TARTS - BOX (1)
____ \$ 1.05 LEMON JUICE
____ \$ 4.00 HERSHEY BAR (2) K
____ \$ 1.50 COOKIES (3) K
____ \$ 2.10 SALTINE CRACKERS (1) K
____ \$ 3.15 SNACK CRACKERS (1) K
____ \$ 2.60 UNSALTED CRACKERS (1)
____ \$ 3.05 SALTED MIXED NUTS (3) ♥ K
____ \$ 3.30 UNSALTED PEANUTS (3) ♥ K
____ \$ 4.20 RAW ALMONDS (3) ♥ K
____ \$ 1.00 BANANA CHIPS
____ \$ 1.45 COUNTRY TIME LEMONADE CANDY (2)
____ \$ 2.50 SWEET & SPICY NUTS (3) K
____ \$ 0.75 STARLIGHT MINTS (3)
____ \$ 3.85 TRAIL MIX (2)
____ \$ 2.35 S/F HARD CANDY (2)
____ \$ 1.10 FRUIT CHEWS (2)
____ \$ 0.75 PASTA SAUCE (2)
____ \$ 4.00 RAISIN BRAN (2) ♥ K
____ \$ 4.05 HONEYNUT OATS (2) K
____ \$ 4.05 CEREAL
____ \$ 2.55 DORITOS (2)
____ \$ 1.25 PORK SKINS (2)

DRINKS

____ \$ 5.50 VARIETY DRINK MIX (1)
____ \$ 1.40 PURE KICK (2)
____ \$ 1.40 DRINK MIX (2)
____ \$ 2.20 INSTANT MILK (3) K
____ \$ 2.20 FLAVOR FIX COFFEE (3)
____ \$ 3.85 KEEFE COFFEE (3) K
____ \$ 1.75 KEEFE CREAMER (3) K
____ \$ 3.85 KEEFE DECAF COFFEE (3)
____ \$ 2.45 HOT COCOA (3) K
____ \$ 1.25 PARADE TEA BAGS (2) K
____ \$ 1.65 SWEET MATE BLUE (2) K
____ \$ 1.85 SWEET MATE PINK (2) K
____ \$ 1.75 HEALTH SHAKE (10)

MEAT & FISH

____ \$ 1.00 MACKEREL (12) K
____ \$ 3.50 PINK SALMON (3) ♥ K
____ \$ 0.65 SARDINES (4)
____ \$ 2.55 BEEF SUMMER SAUSAGE (4) ♥ H
____ \$ 3.90 PANCHOS BEEF (3) H
____ \$ 2.05 CHILI - NO BEANS (3)
____ #N/A 0
____ \$ 1.75 SPAM (3)
____ \$ 4.85 JIMMY DEAN BACON (3) ♥
____ \$ 2.55 PEPPERONI SLICES (3)
____ \$ 3.00 CHICKEN (3)
____ \$ 2.90 YELLOWFIN TUNA (3) ♥ H K
____ \$ 5.00 COMAL SEASONED PORK (3)
____ \$ 2.55 TUNA (4) ♥ K
____ \$ 2.60 TURKEY SAUSAGE (4) ♥
____ \$ 5.00 COMAL SEASONED PORK (3)
____ \$ 1.60 TURKEY & SWISS (6)

RICE, BREADS, AND SWEETS

____ \$ 1.80 BROWN RICE (4) ♥ K
____ \$ 2.35 CHEESE RICE (4) K
____ \$ 1.75 WHITE RICE (4) K
____ \$ 2.90 CHORIZO BEANS (4)
____ \$ 2.60 REFRIED BEANS (4) K
____ \$ 0.55 BAGELS (5)
____ \$ 1.75 CORN TORTILLAS (4)
____ \$ 1.75 NEW FLOUR TORTILLAS (4) K
____ \$ 1.55 POPCORN (2)
____ \$ 1.60 HONEYBUNS (4)
____ \$ 1.85 SALT & PEPPER (1) K

CLOTHING

\$ 11.70	MID THIGH BRIEF (1)
	SM MED LRG XL
\$ 14.30	MID THIGH BRIEF - 2X
\$ 14.30	MID THIGH BRIEF - 3X
\$ 10.40	MID THIGH BRIEF - 4X
\$ 10.40	MID THIGH BRIEF - 5X
\$ 6.45	BIG & TALL SOCKS (3PK)
\$ 6.45	CREW SOCKS (3PK)
\$ 3.20	SOCCER SOCKS
\$ 10.95	LOW CUT SOCKS (4PK) (1)
\$ 14.30	MESH HAT - S/M - LRG/XL
\$ 4.55	SKULL CAP
\$ 10.40	THERMAL TOP - M / LRG / XL
\$ 13.00	THERMAL TOP - 2X / 3X / 4X
\$ 10.40	THERMAL PANTS - M / LRG / XL
\$ 13.00	THERMAL PANTS - 2X / 3X / 4X
\$ 12.75	THERMAL PANTS - 5X
\$ 18.85	SWEATSHIRT
	SM / MED / LRG / XL / 2X / 3X / 4X
\$ 26.00	SWEATSHIRT - 5X / 6X
\$ 22.10	SWEATPANTS
\$ 29.90	SWEATPANTS - 5X / 6X
\$ 7.15	T-SHIRT (2)
	MED / LRG / XL / 2X / 3X / 4X / 5X
\$ 11.70	LONG SLEEVE TEE (2)
	MED / LRG / XL / 2X / 3X / 4X / 5X
\$ 23.40	SHORTS - L/XL/2X
\$ 26.00	SHORTS - 3X / 4X
\$ 29.90	SHORTS - 5X / 6X
\$ 7.80	BROWN BATH TOWEL
\$ 7.80	BROWN BATH CLOTH
\$ 1.65	JERSEY GLOVE BROWN
\$ 14.30	HANES A-SHIRTS (1)
	MED / LRG / XL
\$ 19.50	HANES A-SHIRTS - 2X / 3X
\$ 15.60	HANES A-SHIRTS - 4X

ELECTRONICS

\$ 0.85	MP3 MAILER
\$ 14.90	BOOKLIGHT LED
\$ 3.85	CT CALCULATOR
\$ 65.00	SANGEAN RADIO
\$ 2.60	KOSS EAR FOAMS
\$ 11.05	SKULL CANDY
\$ 32.50	KOSS R-10
\$ 50.00	IRONMAN CLASSIC WATCH
\$ 26.00	IRONMAN CLASSIC BAND
\$ 99.95	G-SHOCK WATCH
\$ 9.10	ALARM CLOCK
\$ 131.00	SCOR 7C TABLET
\$ 17.45	SCOR 7C CASE

FOOT

\$ 6.90	DR SCHOLL'S INSOLE
\$ 11.70	GEL COMFORT INSOLE
\$ 1.75	KIWI 54" SHOE LACE
\$ 1.95	SHOE LACES 22"
\$ 18.20	ARCH CUSHION - 11/12 12/13
\$ 14.30	ARCH CUSHION - 14/15
\$ 90.00	BOOTS
	SIZE: _____
\$ 4.70	SHOWER SLIPPER
	SIZE: _____

SHOES

SIZE: _____ TYPE: _____

MISCELLANEOUS

\$ 2.92	AZTEC BANDANA (1)
\$ 5.99	KUFI (1)
\$ 1.75	#10 ENVELOPES (1)
\$ 10.15	LOCKER LOCK (1)
\$ 3.45	ADDRESS BOOK (1)
\$ 1.10	BIC PEN BLACK (2 PK) (2)
\$ 1.10	BIC PEN BLUE (2 PK) (2)
\$ 0.15	#2 PENCIL (5)
\$ 7.75	TYPE WRITER RIBBON
\$ 14.30	LIFT-OFF TAPE
\$ 2.15	WIRELESS NOTEBOOK (2)
\$ 10.65	CLEAR LOCKER ORGANIZER
\$ 3.60	CLEAR LOCKER HOOKS
\$ 1.90	CARMEX (2)
\$ 2.30	CHAPSTICK (2)
\$ 1.10	HANDKERCHIEF (2)
\$ 0.30	MAILING ENVELOPE (NO CLASP) (5)
\$ 1.80	AJAX DISH SOAP (1)
\$ 3.90	PHOTO ALBUM (1)
\$ 5.15	PONCHO (1)
\$ 0.80	SHOWER PUFF (1)
\$ 1.95	WALLET ENVELOPE (1)
\$ 3.90	WATER BOTTLE (1)
\$ 7.15	PENN RACQUETBALL (1)
\$ 1.65	PINOCHLE CARDS (3)
\$ 2.90	PLAYING CARDS (2)
\$ 20.80	KNEE SUPPORT
\$ 32.50	WEIGHT BELT - LARGE
\$ 32.50	WEIGHT BELT - X-LARGE
\$ 12.35	ANKLE BRACE
\$ 9.75	LIFTING STRAP
\$ 10.40	MESH DUFFLE BAG (1)
\$ 4.15	MOUHPICE
\$ 13.00	ELBOW BRACE
\$ 11.70	WAIST TRIMMER
\$ 5.60	EQUATE M/P SOL
\$ 5.20	EYEGASSES
1.0 / 1.25 / 1.5 / 1.75 / 2.0 / 2.5 / 2.75 / 3.0 / 3.25 / 3.5 / 3.75 / 4	
\$ 5.85	SUNGLASSES (1)
\$ 2.60	BOWL (1)
\$ 0.65	CEREAL BOWL (1)
\$ 1.95	CLEAR THERMAL MUG (1)
\$ 1.95	3 UTENCIL SET (1)
\$ 3.45	GREETING CARDS (2)
\$ 25.35	WRISTWRAP GLOVE
\$ 7.40	APPLICATOR STICKS
\$ 2.55	PLASTIC MIRROR TILES - 10X1
\$ 2.70	AA BATTERIES (2)
\$ 2.70	AAA BATTERIES (2)
\$ 2.60	CR-2016 (2)
\$ 2.60	CR-2032
\$ 2.60	ECR-2025
\$ 2.60	ECR-1220
\$ 12.25	HANES HER WAY BRIEFS 3pk
\$ 15.95	FOTL HER WAY BRIEFS 3pk
	SIZES 6-12: _____
\$ 9.05	SPORTS BRA WHITE
	SIZES 5-10: _____
\$ 6.50	SOFTSOAP BODY SCRUB
\$ 7.60	INFUSIUM 23 SHAMPOO (X)
\$ 7.60	INFUSIUM 23 CONDITIONER (X)
\$ 2.70	GOODY CLAW CLAMP small
\$ 2.70	GOODY CLAW CLAMP medium
\$ 2.60	LADY SPEED STICK AP/DEORDOR (X)
\$ 9.05	OLAY HYDRATING BEAUTY LOTION
\$ 5.85	NIVEA LOTION DRY SKIN
\$ 3.25	L.A. EYE SHADOW
\$ 16.20	CREAM FOUNDATION
\$ 3.25	LIP GLOSS CRYSTAL CLEAR
\$ 2.60	COTTON BALLS
\$ 9.05	GILLETTE VENUS RAZOR (X)
\$ 13.00	NO SHOW LADIES SOCKS
\$ 1.65	ROAM HAIR ROLLERS
\$ 11.70	BLUSH
\$ 5.15	HAIR SPRAY NON AEROSOL
\$ 3.25	SUAVE ALOE/ROSE BDYWSH (X)
\$ 29.90	WOMENS SPORTS WATCH WHITE
\$ 59.95	REEBOK CL RUNNING SHOE
\$ 13.00	NO SHOW WOMENS SOCKS
\$ 12.69	WET BRUSH
\$ 1.65	EYELINER
\$ 1.65	CUTICAL OIL

SEASONAL ITEMS

FRAGRANCE OIL

\$ 7.80	RELIGIOUS OIL (1)
\$ 7.80	OIL (1)
\$ 7.80	FRAGRANCE OIL FOR WOMEN (1)

ASSORTED ICE CREAM (\$3.25)

SEASONAL ITEM

LIMIT 1

FLAVOR OF THE DAY LISTED ON BOARD

ASSORTED SODAS

SEASONAL ITEM

LIMIT 1 (12 PACK)

\$ 7.80	DIET COKE / DIET DR. PEPPER
\$ 7.80	

NOTICES:

- Prices are subject to change without prior notice.
- Quantities may be limited according to availability
- Once you receive a receipt and leave the window, the sale is complete.
- Do not leave the Commissary once you have submitted your order form.
- No additions or substitutions will be made once you have submitted your order form.
- It is your responsibility to check the Commissary Bulletin Board for new items and rules pertaining to Commissary operations.
- All inmates are to stay inside Commissary until the move or the staff sends you to the Cour Yard.
- Stay off the sidewalk in front of Education and the Hospital.

APPROVED BY:

WARDEN

ASSOCIATE WARDEN

TRUST FUND SUPERVISOR

HEALTH SERVICES VPO

CAPTAIN